

The compass

Newsletter of the Cameron Station Community Association, Inc.

Volume 13 Issue 5 • Sept-Oct 2012

Fighting Cancer “One Cup at a Time”



Photo courtesy of Krista Gauthier

A lemonade-sale fundraiser held in the gazebo on August 23 raised over \$500 to support children's cancer research on behalf of a former Cameron Station family. (See article page 9).

Cameron Station Wins City Beautification Award

By Suzanne Vigil,
Vice-Chair of the Common Area Committee

The City of Alexandria's Beautification Commission named Cameron Station one of its 2012 award winners in a ceremony on September 24. Members of the Board of Directors accepted the award on behalf of the Cameron Station Community Association.

The award is the culmination of two years of hard work by the Common Area Committee. In 2011, the committee embarked on a campaign to restore common areas that had become overgrown or cluttered. Some plants had

(Continued on page 7)

Cameron Station Annual Meeting and Award Ceremony Set for Nov. 5

By Compass Staff

The annual meeting of the Cameron Station Community Association will take place on Monday, November 5, at 7pm at Samuel Tucker Elementary School. A homeowner quorum is required for this important meeting, in which the Board of Directors will bring the community up to speed on current and future projects and the community's financial status, and hold elections for three director positions.

One highlight of the meeting each year is the award of the Mark Pillow Community Spirit Award to a neighbor who embodies the spirit of community involvement through volunteering, serving on boards or committees, or organizing community events. Nominations for the award are due to the board by October 15. (See page 3 for more information.)

This year Cameron Station gained many new residents and neighbors from far and near. Civic engagement has been a key goal of this year's Board President Nick Giannotti. It is also a citywide goal for all of Alexandria this year, an effort spearheaded by City Manager (and Cameron Station resident) Rashad Young (profiled on page 10).

CSCA Annual Meeting
Monday, November 5
7pm

Tucker Elementary School

Annual Halloween Party
Saturday, October 27, 4 - 6pm.

Cafeteria
Samuel W. Tucker Elementary
(see page 6)

NOTICE:

The Fitness Center will be closed for renovations Oct. 9-23
(see page 14)

Advertising & Submissions Policies & Procedures

Advertising:

The Compass newsletter is published bimonthly. Advertising space is filled on a first-come, first-served basis, and the ads published in each issue are solely at the discretion of the newsletter staff or Communications Committee. **Only one ad per advertiser per issue is permitted. Ads must be submitted NO EARLIER than the 15th of the month preceding issue date and no later than the 30th (see box).** Payment must accompany all ads. Artwork must be camera-ready: 65 line screen or 300 dpi. **ELECTRONIC SUBMISSIONS ARE PREFERRED.** Advertisers will receive a copy of the printed newsletter in which their ad appears. Estimated (*not guaranteed*) time of delivery to residents is November 15-30 for November/December.

Article Submissions:

Any submissions for publication must include writer's name, address, and phone number and must be received **by the 30th of the month preceding issue date** (*see box*). The newsletter staff, Communications Committee, or Board of Directors reserves the right to edit submissions for typos, length, tone, and content. They will also determine the newsletter to be "full" at their discretion. Articles are to be factual and of public interest. Editorial content may be deemed inappropriate at the discretion of the newsletter staff, Communications Committee, or Board of Directors. Photographs submitted will be returned to sender if accompanied by a self-addressed, stamped envelope.

*Advertising Deadlines

October 30 for November/December

Article Submission Deadlines

October 30 for November/December

We welcome your ideas and photos, too!

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vertical: 3 1/2" x 9 1/4")

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Classified Ads (Limit 35 words)

Resident. \$5

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Lost & Found, Carpool, etc. Free

Checks should be addressed to Cameron Station Community Association and sent with camera-ready artwork to Community Manager, 200 Cameron Station Boulevard, Alexandria, Virginia 22304. Artwork may be emailed to assistantmanager@cameronstation.org.

Note: The included advertisements, articles or references to websites of third parties do not indicate an endorsement by Cameron Station Community Association, Inc. and are not verified for accuracy. *The Compass* will not be responsible for poor ad reproduction due to the quality of the material provided by advertisers.

A Note from the Editor: Compass Articles to be Available Online

By Judy Coleman

Full issues of *The Compass* have been available online in PDF for several years now. Soon some of the articles from *The Compass* will be posted on the Cameron Station website, www.cameronstation.org. The Communications Committee will select the articles and anticipates posting one per week.

About . . . *The Compass*

The Compass is the newsletter for the Cameron Station Community Association and is run entirely by volunteers. *The Compass* welcomes your article and photo submissions, as well as your suggestions for future issues. Please send us an email at TheCompass@cameronstation.org.

Back issues of *The Compass* are available online at www.cameronstation.org. Roll over the "Community" button at the top and go to "Newsletters."

Editor-in-Chief: Judy Coleman

Editorial Staff: Carla Besosa, Eliza Dolin, Elizabeth Engle, Nicole Gauvin, Catherine Huddleston, Shandra Kotzun, Cynthia Longo, Barbara Martinez, Deirdre Scott, Pat Sugrue

The Mark Pillow Community Spirit Award

By Pat Sugrue

Mark Pillow, who died suddenly in December 2005, was a wonderful friend and neighbor and a generous community volunteer, someone who embodied the spirit of Cameron Station and made it a better, brighter place to live. In 2006, in memory of Mark, the Common Area Committee established the annual Mark Pillow Community Spirit Award. The Cameron Station Board of Directors will present the award at the Annual Meeting on Monday, November 5 (*see page 1*).

Please think about your good neighbors and how they add to the quality of your life. For example, there are those who help out the entire community – they volunteer on committees, lend a hand at community events, organize meetings and parties, serve on the board, or work on the civic association. Last year's winner, Susan Birchler, is the organizer of the West End Farmer's Market.

The Pillow Award can also recognize neighbors who help on a more personal level – they feed and walk your pets, water your plants, pick up your newspapers and mail, shovel your driveway, provide rides to doctors and airports. They offer the ordinary, day-to-day neighborliness that makes such a difference in our lives.

How do you thank these neighbors for all they do? Nominate them for the Pillow Award. You may nominate as many neighbors as you wish, but **NOMINATIONS MUST BE RECEIVED BY MONDAY, OCTOBER 15**. Send their names and a description of their contributions to boardofdirectors@cameronstation.org. After the winner is announced at the annual meeting, their name will be added to those of previous winners engraved on the award plaque located in the Cameron Club, outside the Victoria Hebert Great Room.

Home & Garden Tour Benefits Tucker School

By Shandra J. Kotzun

Mike Lekas, an 11-year resident of Cameron Station hosted the very first Cameron Station Home & Garden Tour on Saturday, October 6. The purpose of the tour is to showcase our community and to introduce residents to different architectural styles and interior and garden designs. The tour proceeds will go to benefit classroom technology at Samuel Tucker Elementary School

Mike received his inspiration to organize and create the tour from his love of the community as well as his "work as a realtor and from attending Old Town and Capitol Hill home and garden tours." He chose the homes based on his daily

travels through the community, as well as by reaching out to friends and neighbors. Mike wanted to donate the proceeds to Tucker because "many of my neighbors have children that attend Tucker Elementary, and the school would welcome additional funds for classroom technology."

If the event is a success, Mike plans on hosting in years to come and hopefully expanding the tour.



Volunteer Gardeners to the Rescue!

By Suzanne Vigil, Vice Chair of the Common Area Committee

We saw quite a few moving vans in the community this summer and are thrilled to welcome new members to the Cameron Station family. We want to do everything we can to make them feel this was the right choice for them. Moving is stressful, getting children situated and settling into a routine is monumental. Reading the Design & Maintenance Standards is low on the list. Who has time to think about their outside entrance? Even so, residents are responsible for the exterior appearance of their homes and gardens.

The Volunteer Gardeners can help. Fall is a very important time for your garden. Even if you don't want to put in seasonal plants, the very minimum is to put down mulch, cut back or remove withering summer flowers, and most

important, prune bushes and trees. If done properly, there will be much less to do in the spring. Many people don't have time or know how to do this. Volunteers will come to your house and tell you exactly what needs to be done. You can provide materials, and they will provide their time and energy. How easy is that?

Send an email to gardeners@cameronstation.org, get on the schedule, and it's done! We all want curb appeal—even in the winter.



Board of Directors Meeting, August 28

By Deirdre Scott

The Cameron Station Board of Directors held its August 28 meeting at Mini Cooper of Alexandria, due to renovations at the Cameron Club.

A financial report was given, and the budget is healthy and on target. As of June 30, 2012, the operating account and investment funds totaled \$2,428,132.44. There was \$1,632,000 in investment vehicles, \$377,402.65 in the money market account, and \$405,036.43 in the operating account. Invoices related to the Cameron Club renovations have begun to arrive and are in line with expectations.

Year-to-date expenses were \$94,460 under budget, due in part to reduced costs from the mild winter. The board was scheduled to hold a full budget meeting on September 11.

Ray Celeste and Kevin Horner provided updates on planned Fitness Center improvements. Approximately \$20,000 in upgrades are planned, including two new Matrix spinning bikes, stretching bars, kettle bells, plyometric boxes, TVs, and a water cooler. The fitness committee was exploring temporary convertible flooring options for the gym.

The renovations were targeted to start around the beginning of October. The fitness facilities will be unavailable for two weeks when renovations begin.

The board also approved drain and pipe replacement for the pools by High Sierra.

The Ad-Hoc Pedestrian Access Committee, led by Chip Nash, has been meeting to discuss granting walkway access between the Delaney development and Cameron Station. The committee will make recommendations to the board at its October meeting.

Vice President Mindy Lyle reported on other new business developments in the neighborhood. Caring Hands Animal Hospital has opened at 295 S. Van Dorn Street, and PetSmart is opening a new "urban concept" store at the Van Dorn Plaza. The Waterfront Development in Old Town is clearing the final planning hurdles, with initial work anticipated to begin at the end of the year.

The board approved a proposal to grant facilities passes to caregivers residing in Cameron Station for 30 days or longer. This should benefit residents with temporary live-in care needs.

The board was scheduled to meet again on September 25.

Key financial indicators

Delinquency rate: CS= 1.1412% industry avg. 5%

Accrued Reserves: \$1,692,715.01 (fully supported by cash and investments)

Owner's Equity: \$327,205.67 (auditors recommend 10-20% of assessments)

YTD Expenses: \$1,023,726.09 (\$94,460.41 below budget due to the mild winter)



Communications Committee Update

By Donna Gathers, Chair of the Communications Committee

There are three ways to learn about breaking news for the Cameron Station community: weekly email blasts, the website (www.cameronstation.org), and an emergency texting service. We recently switched to a new, more cost-effective texting system called EZ Texting. Texts are sent only in emergencies (eight times in 2011-12 total). To sign up for these services, please stop by the management office and fill out a quick form.

Upcoming Board and Committee Meetings

All meetings start at 7pm unless otherwise indicated.

Please check www.cameronstation.org to confirm the time and location for each event.

Oct. 11: Cameron Club Facilities Committee

Oct. 18: Financial Advisory Committee

Oct. 23: Board of Directors

Nov. 5: Annual Meeting

Nov. 6: Architectural Review Committee

Nov. 7: Common Area Committee

Nov. 7: Activities and Events Committee

Nov. 19 Communications Committee

Cameron Club Renovation Starts This Month

By the Cameron Club Facilities Committee

The Cameron Club is undergoing a major renovation, the first in its 10-year lifetime. Residents may have noticed that most of the furniture was removed and that there is construction going on all over the place, especially on the second floor and around the Victoria Hebert Great Room. These are the most visible parts of this project, but as with any major production, there is a lot that goes on behind the scenes.

In our case, the renovation project team has put in countless hours getting the project designed, the construction started and the interior design completed. The project team has been headed up by **Alvin Boone**, one of the members of the Cameron Station Board of Directors, but he has had plenty of expert help. **Martin Menez** has been the deputy team lead and took over the project for three weeks in May when Alvin was out of country. **John Sullivan** lent his construction experience to the design process early on, while **Airielle Hansford** and **Kevin Horner** brought their experience with the Club to bear as well.

The interior design also was handled by two Cameron Station residents. **Karen Diener** and **JiHee Kim** spent many hours with the architect, Rust | Orling, selecting finishes and materials. Once they were done there, they immediately started, the arduous task of finding the correct mix of furniture for the new offices, meeting rooms, and lobby areas.

The project team has been working on this since last January; however, it is just in the last few weeks that their work has been visible to the entire community.

Over the next few months, you will see the construction finished, furniture installed, and new fitness center equipment set in place. The renovated clubhouse will be the centerpiece of the community and will carry Cameron Station forward for the next 10 years.



Photo by JiHee Kim

Members of the renovations project team at a recent meeting.

The volunteer members of the project team pulled together with one goal in mind and did their work in a professional manner.

And as an added bonus, they saved the community over \$75,000 in consultant costs. We hope you will enjoy and appreciate the results of their hard work over the past year during your future visits to the clubhouse and fitness center.



Photo by Nicole Gauvin

Main St. Retailers Move In, Expand Out *By Judy Coleman*

New retailers and new branches of our current retailers are on the way.

- A new taxi dispatch office opened in the space next to Bright Start on the north side of Brenman Park Drive earlier this month. The office is purely a communications hub. Despite some initial complaints when the office first opened, taxis will not be waiting or hanging around outside the office.
- Bright Start Day Care has opened a new space in the former condominium sales office next to Café Pizzaiolo. The three-year-olds were able to begin their new school year in the new classrooms. The new space also allowed

Bright Start to add a teachers' lounge for teachers to use during their breaks.

- The Cameron Café is also expanding, in a way. Owner Dayan Worku opened a new location for his restaurant Caboose Café in the Parker-Grey Historic District in Old Town Alexandria at Queen & Lafayette streets. A grand opening party was scheduled for September 21 and was expected to feature an appearance from Mayor Bill Euille.
- Café Pizzaiolo also opened a third location, this one in Shirlington, on South Randolph Street.

Trick-or-Treat! Celebrate Halloween Weekend with Neighbors

By Stephenie Zvonkovich,
Chair of the Activities and Event Planning Committee

The Activities and Events Committee invites residents to attend Cameron Station's Annual Halloween Party on Saturday, October 27, from 4 to 6pm. Due to the Cameron Club's renovation, the party will take place in the cafeteria at Samuel W. Tucker Elementary.

The party will feature games and arts and crafts, not to mention treats for one and all. It is being sponsored by Irina Babb, a Cameron Station resident and realtor.

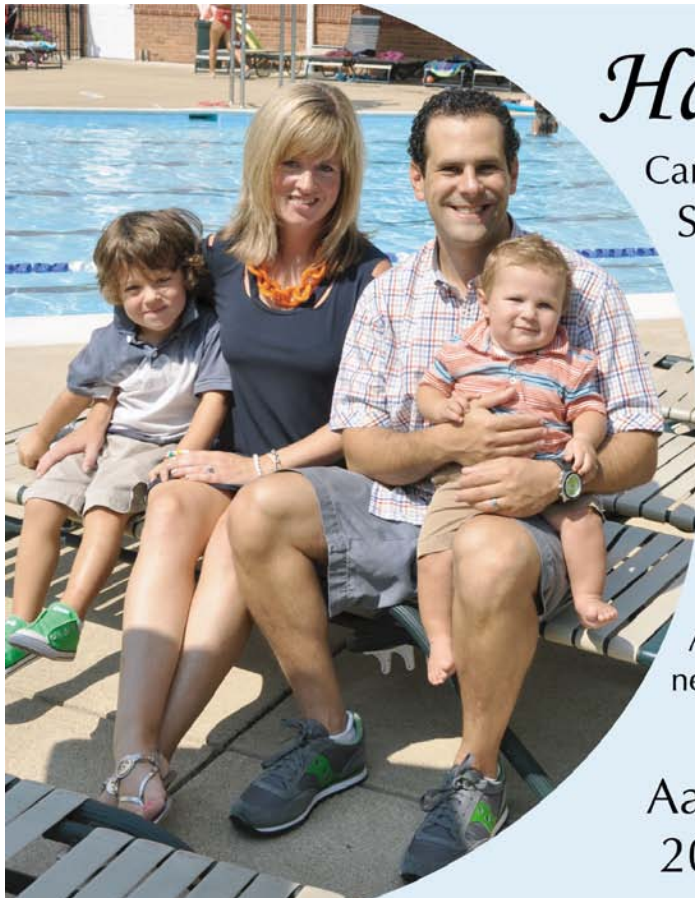
The party will conclude with a sidewalk parade beginning at 5:30pm. The parade, which will be led by a very special guest parade marshal, will begin at Tucker and end at the Cameron Circle Gazebo. The route will include at least one designated candy stop, and residents of all ages are welcome to participate or just cheer on the young and young-at-heart.

CALLING VOLUNTEERS! We need many helping hands in order to successfully execute this large event. The committee

is seeking volunteers to hand out candy, monitor arts and crafts stations, run the game stations, and help set up and clean up. If you are interested in helping, even for just a small amount of time, please email events@cameronstation.org.



Photo by Judy Coleman



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Allow your neighbor to strategize, market, and negotiate the way to buying or selling your home.

Aaron Podolsky
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City Beautification Award *(Continued from page 1)*

become too large for their space; some plants had died out, while others ragged out of control. Trees needed to be pruned drastically or replaced.

Many members of the committee have lived in Cameron Station since 2000 and quickly committed to restore these common areas, especially the pocket parks, to their original formal and symmetric design. They also began a campaign to irrigate common areas that had been previously overlooked in the annual budget.

With the support of the board of directors and management, the committee worked with Lancaster Landscapes to put together a plan and to see it through. This hard work and perseverance will pay off for residents. Not only will the drive in and out of Cameron Station be more pleasant, but the Beautification Award will add to home values.

At right, members of the board of directors accept the award on September 24.



Photo courtesy OF CSCA

Before and After

Donovan Drive



BEFORE

Tall ornamental grasses which obscured the fountain were removed, as well as several other tall grasses at the perimeter, in order to achieve a more symmetrical design. The goal was to highlight the water feature and create a more open vista, which visually enlarges the area.

John Ticer Drive



BEFORE

Large areas of overgrown lillies and ornamental grasses were removed. Other bushes, which had never been properly pruned, were removed and replaced by new trees. Sod replaced overgrown beds. Now the park has an open concept which allows the beauty of surrounding homes and gazebo to be accentuated rather than hidden.

Photos courtesy of Common Area Committee

A Trip Down Memory... Lake?

Cleaning up the lake in Brenman Park is a Cameron Station tradition.

By Judy Coleman, Nicole Gauvin, and Pat Sugrue

The pond in Ben Brenman Park suffered from an extreme algae and general “gunk” invasion this August. In September, staff from the City of Alexandria’s Department of Recreation Parks and Cultural Activities took to their boats to skim and eventually just dredge the stuff from the pond.

By that time, the pond had begun to smell in the heat on a regular basis.

One of the city’s clean-up crew attributed the smell in part to decaying food that people had tossed into the pond to feed the turtles and fish. “The turtles can’t keep up with what people are feeding them,” he said.

August is always a difficult time for the pond, which is sometimes called Cameron Lake. Fertilizer and other chemicals in run-off combine with extreme heat and reduced rainfall to make it ripe for rapid plant growth.

The only silver lining is that the pond is clearly serving its intended function of filtering runoff before it reaches the Potomac River and more sensitive habitats. Every pound of fertilizer trapped in the silt at the bottom of our pond is one that won’t end up causing deadly algae blooms downriver.

Area residents have not seen the pond this bad in years. This summer recalled the summer of 2001, when Cameron Station residents banded together to organize a volunteer clean-up effort.



Photo from Compass archive.

Cameron Station residents “up to their knees” in the 2001 clean-up.

Pat Sugrue covered the inspiring clean-up for *The Compass* back then:

On Saturday morning, July 21, more than 60 Cameron Station neighbors put down their coffee and morning newspapers, took rakes, hoes, pitchforks and shovels in hand, and descended upon Ben Brenman Park to begin cleaning up Cameron Lake.

Three hours later, this intrepid crew had cleared five tons of green gunk from the lake — 10,000 pounds! And there were 10,000+ sore muscles to prove it.

The man behind this Herculean effort was Brent Willson. Dismayed at the condition of this community jewel, Brent began organizing the lake cleanup in June, passing out flyers at the Meet and Greet in the Parks and talking to neighbors. Word quickly spread, thanks to the web site, the network and the endless nagging of “Block Moms and Dads,” so at 9am that morning, residents of every age showed up ready to work. ...

Using homemade screens and an assortment of garden tools, they flung the algae to the shoreline where dozens of other neighbors scooped it into garbage bags donated by Home Depot and the City of Alexandria. ... At noon, the exhausted but exhilarated workers were treated to a delicious lunch of sub sandwiches and chips provided by the Cameron Station Community Association and supplied by Jerry’s Subs at a discount.

About 90 percent of the algae was removed from Cameron Lake.

Perhaps another Cameron Station pond clean-up should be scheduled for August 2013. (The complete September 2001 article and photos can be found in the newsletter archives on www.cameronstation.org.)



Photo by Judy Coleman

City staff take a break from dredging plant matter and decaying food from the Northeast corner of the lake on September 8, 2012.

Lemonade Stand Fundraiser a Success

By Krista Gauthier

On Thursday, August 23, the MOMs Club of Alexandria-West held a lemonade sale to raise money for Alex's Lemonade Stand, a nonprofit organization dedicated to fighting childhood cancer, "one cup at a time." The group held the event in honor of Abby Furco, a little girl who has touched all of their hearts with her brave fight against cancer. The Furcos lived here in Cameron Station before moving to Virginia Beach where they found out that Abby was sick.

The Furcos' Cameron Station friends have been watching from afar as the family has endured this journey with an amazing amount of energy, grace, and love.

The group named their event "The Team Abby Lemonade Stand" not only to honor Abby's brave fight but also to celebrate a major milestone in Abby's treatment: She is officially beginning her maintenance and is a survivor. It was thrilling to show support for Team Abby and to honor all that she and her family have achieved.

The kids selling lemonade were so excited to be joined by Abby and her family, who had a great time "marketing" their stand to all the passing cars and pedestrians. If you walked by the gazebo that afternoon, I'm sure you couldn't miss the exuberant bunch with their vibrant signs and powerful lungs.

The day of the event could not have been better. The sun was shining, and the breeze was blowing, making for a pleasant afternoon at the main gazebo. Cameron Station residents turned out in great numbers and showed an amazing amount of support for the event with generous donations. Bright Start classes even joined the group, and it was wonderful to see the little ones enjoy their glasses of lemonade and walk away proudly displaying their Alex's Lemonade Stand stickers.

In the two hours the group sold lemonade, they raised a whopping \$568! They were also able to collect donations online that brought their total to \$1,203.

The MOMs Club thanks everyone who came out to support The Team Abby Lemonade Stand. Your generosity means so much to all of us and especially to the Furco family, who was so thankful for all the support.

If you want to learn more about the foundation and Abby's fight, check out the group's fundraising page at <http://www.alexlemonade.org/mypage/86228>.

Krista Gauthier is a resident of Cameron Station.

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- Neal and Clara Hulkower



Irina Babb

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Neighbors in the News:

City Manager Calls Cameron Station Home

By Pat Sugrue

When Rashad Young accepted the position of City Manager last fall, he had plenty of great neighborhoods in Alexandria to consider for his home. He chose Cameron Station.

One of Young's main reasons was our neighborhood school, Samuel W. Tucker Elementary. His oldest boy would be starting kindergarten, and based on what he and his wife Tamika learned about Tucker, this was the school they wanted their son to attend.

Ironically, they discovered upon moving here that Tucker is overcrowded, and there was no guarantee that his son would get in. Fortunately, additional kindergarten spaces were added, and the Youngs and a number of other Cameron Station parents were able to enroll their children in the school.

The Alexandria City Public Schools was just one of the topics covered by Manager Young during a "fireside chat" this spring, hosted by Agenda Alexandria.

The evening began with Young talking about his previous experience in city management, which included eight years in Dayton, Ohio, three of them as City Manager, and two years as City Manager of Greensboro, North Carolina.

Young's career has been dedicated to public service in local government. He has managed communities with challenging fiscal conditions, and he has built successful partnerships with residents and businesses, which he plans to continue here.

Young is a strong believer in citizen involvement. He seeks out many sources for input and looks for a diversity of opinions, something he will have no trouble finding in Alexandria—certainly not in Cameron Station.

During the Q&A session, Young addressed a number of issues involving the West End. One of his priorities is the redevelopment of the Landmark area. "It's a huge land mass - we need to do something significant," he said.

Regarding affordable housing, Young explained that every city has suffered from cutbacks by the federal government; HUD funds are drying up at the same time that building owners are raising rents. Addressing the Beauregard Street area in particular, he explained that the developers of the properties were not willing to provide 2,300 affordable units, the number of units that currently exist, but they did guarantee 800, which he said "should be considered a minimum, not a maximum."

Young also addressed the effect of the new Mark Center development and BRAC. He said that the city is working to mitigate the impact of the development on traffic. It is



Photo by Pat Sugrue

Rashad Young with Communications Committee Chair Donna Gathers.

considering posting police officers to manage traffic flow, imposing a cap on parking spaces, adding bus shuttles, and working with VDOT to build a new HOV ramp. His understanding is that so far the traffic is not as bad as residents had feared.

Young also addressed the issue of light and heavy industry in the West End, most of which pre-dates the development of Cameron Station and the other residential communities in the area. He believes that there is a need to figure out how to coexist, while monitoring for health and safety.

Young is also committed to setting the proper climate for service functions in the city. He wants people to "have an exceptional customer experience...even if they are being arrested." He expects everyone on his staff to treat people with respect and professionalism, and there will be a rigorous evaluation system in place to ensure that the highest standards are met.

In closing, Young spoke about the pressure for growth in Alexandria and the need to retain the city's character, keep it livable, and figure out how much is too much - "when to say stop."

He described growth as a double-edged sword: "If you don't try to improve the tax base, you can't provide the services....Growth will go to other surrounding towns, but people will still travel through our city and we will receive no benefits. But that still doesn't mean that every project is a good project, and it is our job to make sure every investment is a good one."

We welcome Rashad Young and his family to the Cameron Station community. If you have any concerns or questions for the Alexandria City Manager, he can be reached at his office at rashad.young@alexandriava.gov or 703-746-4300.

Bake Sale Raises \$1,000 for Wounded Warriors

By Dubey Liffman

On Saturday, July 21, we held our first annual bake sale to raise funds for the Wounded Warriors at Bethesda Naval Hospital. Due to the inclement weather, we had to change the venue from the front of Toka Hair Salon to the Henderson Room upstairs in the Cameron Club. We were afraid that the inside location as well as the weather might keep down the number of buyers, but the sale turned out to be a huge success!

Our neighborhood is full of wonderful bakers, and we had a fabulous array of scrumptious goods. Some neighbors not only baked, but also helped sell the products; others were official greeters at the door; and a few even used their powers of persuasion to help increase sales. Special thanks to Mindy Lyle, who baked dozens of cupcakes plus a fabulous coconut cake that brought in the day's highest price, and who even volunteered to bring the remaining items to several Tucker Elementary families to enjoy.

Thanks, too, to our neighborhood stores that contributed baked goods: Harris Teeter, Panera, Giant (Edsall Road), and Super Giant (Duke Street).

But the biggest thanks go to those who came and bought our treats. As if purchasing the baked goods weren't enough, so many neighbors told us to "keep the change" that we wound up raising \$1,000, all of which will be used for the Wounded Warriors.

Here are just a few of the things the donations will buy:

- Polo shirts
- Batteries for all their equipment
- Back packs
- Sunglasses
- Sundries
- Gloves, scarves, and hats
- Books, magazines, CDs, DVDs

Did You Know?

It was 70 years ago this September that the U.S. Army commissioned the Cameron Station military base. After purchasing the property in 1941, the Army graded the land and created the pond to help drain the area, which is thought to have been a swamp-bottom area at the time. The base opened the next year. After World War II, the base was converted into the headquarters for the Defense Logistics Agency. It was also the site of the largest commissary in the area, well known for its discounted groceries. The military officially closed the Cameron Station base in 1995, and it was subsequently developed into the community we know and love today.



Photos by Judy Coleman

Dubey Liffman and Mindy Lyle's cupcakes (inset).



Should you have any of these articles that you would like to donate, please contact me, Dubey Liffman, at 703-370-6362. Please note that all articles must be NEW!

Our second annual bake sale will be held in the Café Pizzaiolo Party Room. (Date to be announced.)

Dubey Liffman is a resident of Cameron Station and coordinates donations to the wounded soldiers at Bethesda Naval Hospital.



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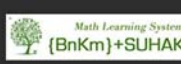
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The Compass Visits ... Green Spring Gardens

By Judy Coleman

Old Town isn't the only part of Alexandria that's brimming with history. Try going the other way on Duke Street. Five minutes up the road you'll arrive at Green Spring Gardens – a 28-acre public park, anchored by a beautifully restored 1784 farmhouse that is a national historic site and official Virginia landmark.

But there's more recent history, too: Until 1970, Green Spring Gardens was owned by a well-known British spy. But without his family's efforts, and their donation of the property to the Fairfax County Parks Authority, the Green Spring property might have been turned into another subdivision.

Green Spring was originally part of the vast holdings of the Ravensworth plantation, that covered most of Annandale. In 1777, part of the property was sold to the Moss family, which built the farmhouse that stands there today. The Mosses held the property for the next 70 years, growing corn, wheat, and rye and grazing dairy cattle on the land that had once been used for tobacco farming.

A later owner of the house, Fountain Beattie, was a Confederate officer and dairy farmer. Beattie also planted orchards on the property and made apple brandy using a still on the property, part of which is still visible today (*see middle photo below*).

In 1942, Michael and Belinda Straight purchased the house and 33 acres surrounding it as their "out of town villa." Michael Straight was an editor and publisher – and later found to be a member of the Cambridge spy ring that included the infamous British spy Kim Philby. Straight was granted immunity from prosecution and later wrote an autobiography about his clandestine service.

The Straights made a number of renovations to the house and property, including the addition of a new kitchen area to the house, using wood reclaimed from other 18th century buildings. They employed well-known Colonial Revival architects and landscape designers to keep the property feeling authentic.

The family eventually deeded the farmhouse and part of the property to Fairfax County, which combined it with an adjacent parcel to form a beautiful new park. There's a broad open lawn area, and wooded trails that follow a creek down to two quiet ponds. It's an easy, family-friendly outing, and dogs are allowed on leash.

GreenSpringGardensalsohaseducationalandentertainment functions. The county has a botanical center there that offers tours, lectures, and plant sales. The farmhouse hosts tea service and can be reserved as a venue for private events.

To get there: Head west on Duke Street, through Landmark and Lincolnia, for about two miles. Turn right on Braddock Road. Park entrance is on the right.

For more information on visiting hours and events, visit <http://www.fairfaxcounty.gov/parks/greenspring/>.

Hours:

Mon.-Sat.: 9am-4:30pm, Sun.: 12pm-4:30pm.

Entry is free to the public, although special events require paid admission.

Upcoming Events

Sat., Oct. 13: Tea of Africa Tasting Party

Thurs., Oct. 18: Garden Tour and Tea

Sun., Nov. 11 The Changing Shape of Fashion. Examine a collection of antique dresses, bodices, outerwear, trimmings, and more, while learning about the changing shape of female fashion during the 19th century.

Sat.-Sun., Dec. 8-9: Jane Austen's Regency Christmas

Call the park for reservations, times, and ticket prices. 703-941-7987.



Photos by Judy Coleman



Courtesy of Fairfax Parks Authority

South Pickett “Charges” Toward Development

By Judy Coleman

Cameron Station residents will see a number of changes along South Pickett Street in the coming months. Here’s a quick review of new proposals and developments in the area:

(1) Landmark Gateway (mixed residential/retail at Van Dorn): Construction was slated to begin over the summer but was delayed waiting for permits. As of press time, no work had begun.

(2) Intersection at Van Dorn Street: The Cameron Station Community Association negotiated with the developer of Landmark Gateway to secure a dedicated right-hand turn lane from northbound Van Dorn onto South Pickett Street. Shuttle riders can look forward to this development for the evening commute.

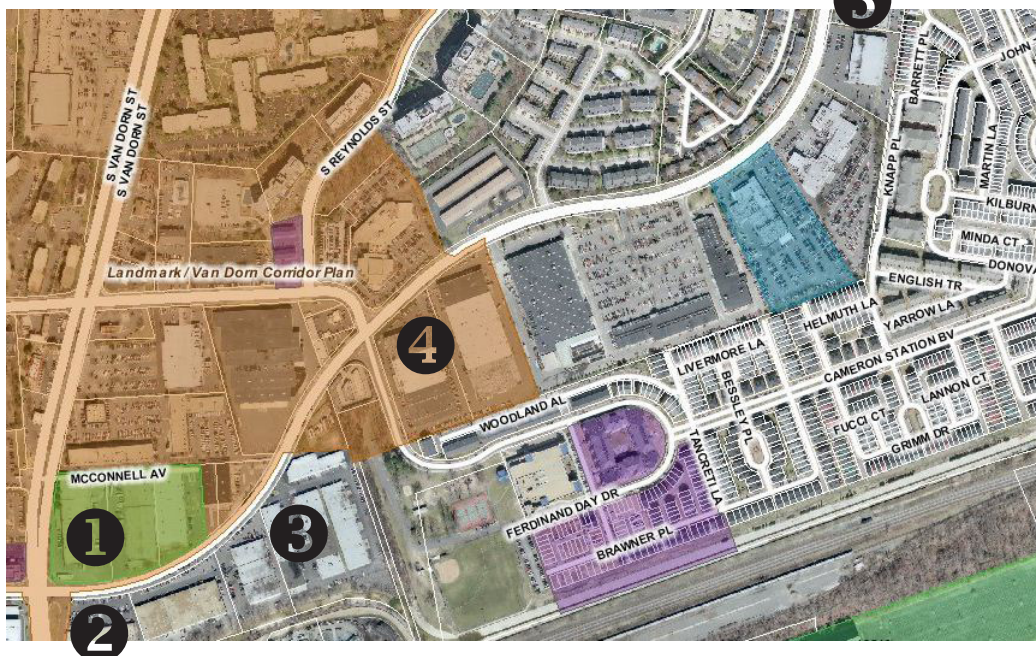
(3) 628 South Pickett (near current AAMCO lot): The City of Alexandria Planning Commission approved a Special Use Permit for the nearby Mercedes dealer to use this facility for auto repair and storage. Thanks in part to the effort of Cameron Station resident Don Buch, the Permit was amended to state that wrecked or stripped vehicles cannot be repaired or stored outside.

(4) JBG Retail Property (at Cameron Station Blvd.): The real estate developer is marketing the site for new retail tenants. Nothing specific has been determined.

(5) The Delaney (at Duke St.): The Planning Commission and City Council have approved the proposed development of “luxury” residential units abutting Cameron Station.



Photo from the City Planning Commission Docket.



If you are interested in learning more about local development, the city of Alexandria has an interactive map at <http://gis.alexandriava.gov/development/viewer.htm>.

Don Buch, Dak Hardwick, and Mindy Lyle contributed to this report.

Fitness Center News

By Kevin Horner

Group Exercise Classes:

Our final group exercise session of 2012 began in September, 2012. Residents can always drop-in on a class for a \$10 drop in fee. These classes are great for everyone who has resolved to be healthy and fit in 2012! See the fall activities schedule for classes and times. If you do not receive emails from the fitness center and would like to, please email Kevin at fitness@cameronstation.org to be put back on the list.

Renovation:

The Fitness Center will be closed for two weeks starting Tuesday, October 9, 2012, and will reopen at 4:45am on Wednesday, October 24, 2012.

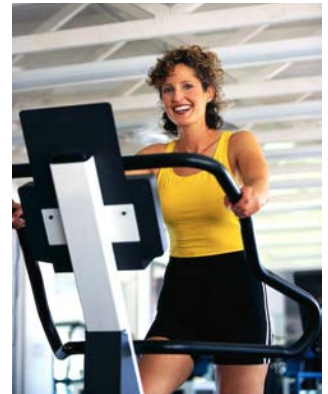
So that residents may continue their workouts, we have made arrangements with Fitness First, 255 South Van Dorn St., Alexandria VA 22304, for residents to receive discounted passes.

Fitness First has been very accommodating and generous, they have agreed to allow Cameron Station residents to buy

a two-week pass to Fitness First for \$20! The passes need to be purchased at Fitness First.

Fitness First has also provided a limited number of free one-day passes. The one-day passes will be on a first-come, first-served basis. We are limiting the number of these passes to six per resident. These passes can be obtained at the fitness center front desk during operating hours.

Cameron Station residents who wish to purchase a two week pass and/or take advantage of the free one day pass must present their Cameron Station ID at Fitness First, there will be no exceptions! Fitness First's hours are Monday - Friday 5am to 11pm and Saturday and Sunday 7am to 8pm. Any questions about Fitness First can be directed to Julie German at jgerman@fitnessfirstclubs.com.



A note from the Cameron Club Facilities Committee: If you disagree with a policy of the Cameron Club do not ask the employee who is hired by the Community to ignore the policy and make an exception for you. This

could cause the employee to be relieved of his or her duty. Instead, please identify how you would improve that policy and bring it to the Board of Directors or the Cameron Club and Facilities Committee.

FALL ACTIVITIES SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00/7:00AM			6:00-7:00AM *Tone 2 Tighten (Kara)		6:30-7:00AM *Tone 2 Tighten (Kara)		
8:30/9:00AM		8:30-10:00AM Workout Parents		8:30-10:00AM Workout Parents		8:30-10:00AM Workout Parents	
9:00/9:30AM			9:00-10:00AM Yoga (Denise)		9:00-10:00AM Yoga/Sculpt (Denise)		9:00-10:00AM Fitness Fusion (Denise)
10:00AM							10:15AM-11:15AM Yoga (Sarabeth) 10:00AM-12 NOON Pick-up Basketball
3:30PM		3:30-5:00PM Workout Parents		3:30-5:00PM Workout Parents		3:30-5:00PM Workout Parents	
6:45PM		6:45-7:45PM Cardio Boot Camp (Sarah)					
7:30PM			7:30-8:30PM Pilates (Denise)	7:30-8:30PM Beginners Yoga (Kittie)	7:30-8:30PM Yoga (Kittie)		
8:00PM			8:00-10:00PM Pick-up Basketball				



Drop-ins are welcome on a space-available basis for \$10.

This schedule can change at any time due to low class participation, so please call the fitness center or check the website for an updated schedule. The schedule in October 2012 will be interrupted due to the renovation.

Breakfast Gets You Going

By Paula Jarvis

A healthy breakfast every morning gets you going. It revs up your metabolism, bringing it out of the fasting mode it entered overnight. A good breakfast provides you with much needed protein and high-fiber carbohydrates to raise your blood sugar level and maintain it. It gives you immediate and long-term energy to get you through the morning—the time of day when you need most of your calories to fuel your body's activity.

Beyond the immediate effect on your energy level and your metabolism, healthy breakfasts have wide-reaching benefits for your general health. Studies have shown that eating a high-fiber, low-fat, and low-sugar breakfast may reduce the risk for obesity and insulin resistance by as much as 35-50 percent. A study of 11,864 Americans found that blood cholesterol levels are lowest in adults who eat high-fiber breakfast cereal. Cholesterol was highest in those who skip the morning meal. A high-fiber diet has also been reported to reduce the risk of heart attack by over 41% over a six year observation period. High-fiber diets have also been linked to a reduced risk of intestinal polyps and colon cancers, a 31% reduction in strokes, and a 17% lower death rate. Your best sources of fiber are whole grains and cereals, and fruits and vegetables. Eating a bowl of whole grain cereal with fruit in the morning can easily give you 10 grams of fiber, putting you well on your way to the recommended 25-30 grams per day.

For those of you trying to lose weight, an ongoing study of people who have lost at least 30 pounds and have maintained the loss for over a year found that eating a healthy breakfast keeps people slimmer. Healthy breakfast eaters tend to eat fewer calories overall, with less saturated fat and cholesterol. Women who ate cereal on a regular basis weighed about nine pounds less than the non-cereal eaters. For men, the difference was about six pounds.

What makes a healthy breakfast? Try to choose foods from at least two food groups – protein and complex carbohydrates. Protein from nuts, nut butters, dairy, and lean meats takes longer for your body to burn, so it gives you sustained energy. For carbohydrates – many people enjoy bread and cereal in the morning – make sure it's high-fiber. Ideally, you want 10 grams per serving. With the addition of fresh or dried fruit, you are increasing your fiber intake and adding valuable vitamins and minerals.

Quinoa Black Bean and Tomato Salad

This recipe is packed with fiber and protein and a great way to use end-of-season tomatoes. You can also use cherry tomatoes.

2 teaspoons grated lime zest
2 tablespoons fresh lime juice
1 tablespoon olive oil
1 cup quinoa
1 (14 - to 15-ounce) can black beans, rinsed and drained
2 medium tomatoes, diced

Here are a few ideas for some quick and healthy breakfasts.

- Oatmeal (non-instant, with milk or soy milk cooks in the microwave in just two minutes) with dried and/or fresh fruit, low-fat milk or soy milk, cinnamon, chopped walnuts.
- Low-fat or nonfat yogurt with fresh fruit and whole grain cereal. Greek yogurt has twice as much protein as regular, making it a good choice.
- Low-fat cottage cheese with fresh fruit and a slice of whole grain toast.
- Whole grain toast with nut butter and sliced banana.
- Fruit smoothie made with frozen berries and non-fat yogurt.
- Egg, egg white or egg substitute cooked with chopped veggies and low-fat cheese.
- Breakfast burrito with whole grain tortilla, egg or lean meat, veggies and low-fat cheese.

Some of the reasons for skipping breakfast that I hear most commonly are – “I don’t have time” and “I’m not hungry” or “I’m cutting calories to lose weight.” An awareness of the widespread benefits of eating a good breakfast may help you overcome your obstacles to making the best choices for this important meal. Most of the breakfast suggestions listed above are easy to prepare in less than five minutes. Many can be prepared the evening before. Some can be carried with you to work if you’re rushed.

If you don’t feel hungry in the morning, it’s still beneficial to eat. You may find, in fact, that once you become accustomed to eating breakfast, your body begins to expect it. Getting up earlier to allow more time for your body to wake up may help, too. Bringing your breakfast to work is also a good option, as long as you remember to eat it.

Eating a healthful breakfast is a great way to begin changing to a more healthy diet. The food options are simple, and preparation is easy. Experiment with new breakfast choices until you find those that you really enjoy, then start a new habit of beginning every day with a meal that will get you going.

Paula Jarvis is a certified personal trainer and wellness coach living in Cameron Station.



Restaurant Review

Osteria 1909

By Carla Besosa

An osteria (pronounced oh-stair-REE-a) is a neighborhood tavern, and there's a new one in the Del Ray section of Alexandria. I prefer a menu that allows you to try a little of this and a little of that, and **Osteria 1909** is my current go-to place for this mode of culinary grazing.

The place is small, but it packs a punch! The space is long and narrow (a la Georgetown), and the bar is paralleled by a single row of tables, mostly two-tops. There is patio seating available for al fresco noshing as well.

Their motto: "*One cannot think well, love well, sleep well, if one has not dined well*" -Virginia Woolf.

I've been there half a dozen times, and everything I've had has been excellent. As you are perusing the menu, order the *Marinated Mixed Olives* - an impressive collection of olives soaking up a delectable blend of garlic and other spices.

Their gourmet *Flatbreads* are also exquisite. You can keep it simple with the *Margherita* (roma tomatoes, fresh mozzarella, and basil), or pile it on with the *Rustica* (Prosciutto, mushrooms, artichoke hearts, kalamata olives, and roasted garlic). My favorite is the *Quattro Formaggio* with mozzarella, parmesan, ricotta, taleggio, rosemary, and garlic oil. Other fun finds suitable for sharing include the *Charcuterie Plate*, the *Formaggi Plate*, *Pesto Deviled Eggs with Crisp Prosciutto*, and *Purple Fries*. They also offer five *Salads* and five *Panini*.

Their *Small Plates* are rather impressive, including such offerings as *Oysters Rocco*, *Lobster Mac & Cheese*, *Roasted Squash with Fontina Fonduta* and *Grilled Langostino*. From the Grill you can select the *Hanger Steak*, *Spicy Chicken Breast*, *Tuscan Baby Back Ribs* or the *Fish of the Day*.

Osteria 1909 offers some lovely wines from all over the world. I'm hooked on the *Sur Lie Sauvignon Blanc* from the Marlborough region of New Zealand. Another thing to love about the wine list is that you can ask for a three-ounce pour! This is very conducive to sampling various vintages.

Osteria 1909 does a Sunday brunch. I've yet to partake but am eyeing the *Poached Eggs Served over Lobster Salad with Saffron Hollandaise* and the *Apple-Filled Crepes with Cinnamon Sauce*.

The décor is sleek, the atmosphere is upscale, yet the overall feeling is definitely "neighborhood." Osteria 1909 is just a FUN place with a friendly staff. Stop by for a meal or just a bite. Wander in by yourself or with a friend (unfortunately they are not set up to accommodate large parties). I think you will enjoy the combination of delectables Osteria 1909 presents. *Buon appetito!*



Photo by Carla Besosa

Osteria 1909

1909 Mount Vernon Ave
Alexandria, VA 22301

703-836-1212

www.osteria1909.com

Hours of Operation

Mon.-Fri.: 4pm-11pm

Sat.-Sun.: 11am-11pm

Price Range

Flatbreads: \$11

Salads: \$8

Panini: \$9

Charcuterie & Formaggi: 1/\$5, 2/\$10, 3/\$14

Small Plates: \$7-\$12

From the Grill: \$12-\$15

Smoking

No

Bar

Full

Handicapped-Accessible

Yes

Parking

Street

Reservations

No



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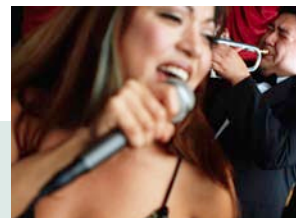
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Carla's "Free-for-All" Picks

By Carla Besosa



So many events, so little time...and sometimes so little money. Therefore, let me share with you some of the many FREE (or practically free) events you can enjoy in the Alexandria area!

Torpedo Factory

105 B Union St.

Working studios and galleries with incredible art.

Fort Ward Museum & Historic Park

4401 W. Braddock Rd.

Guided tours available with reservations (703-746-4848)

Alexandria Black History Museum

902 Wythe St.

Almost free: \$2

Movies with a Mission Film Series, 2nd Saturday of the month 4:30-6:30pm

Open Mic Night:

St. Elmo's Coffee Pub, 2300 Mount Vernon Ave - 3rd Wednesday, Kate Moran hosts - 8pm (7:30 sign-up)

Tiffany Tavern, 1116 King St. - Monday-Thursday - 8:30pm

Piano Bar

Morrison House, 116 S. Alfred St.

Tuesday/Thursday/Friday/Saturday sing-a-long,

Bistrot Lafayette, 1118 King St, Upstairs Piano Bar 9pm

Live Music

Indigo Landing, 1 Marina Dr - Angie Miller, Sundays 11:30am-2:30pm

Pat Troy's, 111 N. Pitt St. - Irish music

Murphy's, 713 King St. - Irish music

Nick's, 642 S. Pickett - Country music

Tiffany Tavern, 1116 King St. - Bluegrass music, Friday/Saturday 8:30pm

La Tasca, 607 King St. - Flamenco & Guitar, Thursdays 7:30 & 9:30pm, Live Band, Fridays 10pm

Karaoke

Alley Cat, 2 S. Whiting St. - Thursday 9pm-close

Flying Fish, 815 King St. - Monday 9pm, Thursday/Saturday 8:30pm

Rock It Grill, 1319 King St. - Nightly 9:30pm-1:30am

Nick's, 642 S. Pickett St. - Thursday/Friday/Saturday 8:30pm

French Movies

Fontaine Caffe & Creperie, 119 S. Royal St. - French Movie Night, Thursdays 7pm

Tastings:

Whole Foods, 1700 Duke St. - Wednesday "Winesday", 5-7pm

Almost free: \$5 for wine glass, themed wine tasting with five-course sample food pairings. Return with your Whole Foods wine glass and pay \$4 at any subsequent "Winesday".

Art Reception

Del Ray Artisans Gallery, 2704 Mount Vernon Ave - First Friday, 7-10pm, preview the monthly art exhibit while enjoying free snacks and beverages and conversing with the artists.

And another thing: Get a Belly card.

Many local business are participating in the Belly Loyalty Rewards Program. Scan your card and earn points toward free stuff! Participating merchants include Agua Viva, Artfully Chocolate, Bittersweet, Caboose Café, Café Pizzaiolo, Cameron Café, Delia's, Del Ray Pizzeria, Fireflies, Los Tios, Los Toltecos, Market 2 Market, Pork Barrel BBQ, Rita's, St. Elmo's, Sugar House, Tempo, and Toka Salon. So get a Belly card at any participating merchant and "BELLY UP"!



Alexandria's Children Need Your Help!



If you have a love of children and a love of reading, please consider tutoring with ATC, the Alexandria Tutoring Consortium. ATC received the Alexandria City Public Schools Outstanding Partner in Education Award for Elementary School Programs in June, 2012. More information and an online application are available at www.alexandriatutors.org, or call 703-549-6670, Ext. 119. You may also contact Cameron Station resident Pat Sugrue, who has tutored with ATC for several years, at 703-566-6721 or sugrue@comcast.net.



Book Clubs

Monday Night Book Ball book club:

Oct.: *The Greater Journey: Americans in Paris* by David McCullough

Nov.: *State of Wonder* by Ann Patchett

Reading Between the Wines

Nov.: *A Moveable Feast* by Ernest Hemingway

Announcement

The Walk to Fight Breast Cancer

Saturday, October 20, 8am

AMC Hoffman Theatres
Eisenhower Avenue and Swamp Fox Road

Proceeds from this annual 1.5K/3.5K/5K walk/run support free mammography and other diagnostic screenings for Alexandria women who are not adequately insured and could not otherwise obtain this necessary medical care. For more information, call 703-746-3123 or visit www.alexcanerwalk.com.

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Friday: Prime rib night
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Saturday & Sunday brunch



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GOODYEAR



Wiygul Automotive Clinic has been satisfying customers in northern Virginia for over 35 years. We have 4 locations - 2 in Alexandria, 1 in Reston, and 1 in Herndon. We service all makes and models, import or domestic. Our South Pickett Street location (in the Home Depot shopping center) is within walking distance of Cameron Station, while our South Whiting Street location (6001 Lane Dr.) is about 1 mile from Cameron Station. Both Alexandria locations are open M-F 7am-7pm and Saturdays from 8am-3pm. Both locations offer a courtesy shuttle to and from Van Dorn Metro Station, as well as any other local destinations. The South Whiting Street location offers U-Haul products and services for all of your moving needs. We are pleased to offer the following specials to all Cameron Station residents to help get us acquainted:

Buy one get one free oil change (can be used on different vehicles)

Free standard oil change with vehicle detailing (at the S. Pickett St. location - Saturdays by appt. only)

Wiygul Automotive Clinic
310 South Pickett St 703-751-6766

Wiygul Automotive and U-Haul
6001 Lane Dr.. 703-751-1040

Gibberman Dental

Family, Cosmetic & Implant Dentistry

Gibberman Dental is pleased to announce that we **will be** relocating our dental office to **Beauregard Square at 6303 Little River Turnpike, Suite 205, Alexandria, Virginia 22312**. Our new office will be less than two miles west of our present location on Duke Street. It will provide more convenient parking, modern handicapped accessible restrooms, and a most welcome elevator to reach our second floor suite. You will see many similarities to our present office at this new location, but without the physical constraints that would have prevented us from being able to provide you all the future advancements that will be occurring in oral health care. We hope to be at our new location in the next few months. Follow the progress of our move on our website www.gibbermandental.com, and on our Gibberman Dental Facebook page.

If you have any questions, please feel free to contact our office at **703.823.6616**.



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- * Multivitamin Facial... \$90 (reg \$120)
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- * Milk & Honey Manicure & Pedicure Combo... \$55 (reg. \$85)
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- * Face Framing Highlight... \$40
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Saturday-Sunday
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The Fitness Center's regular
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Closing at 6pm:

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Photo courtesy of Maid Brigade

On August 12, about 250 residents enjoyed free snow cones courtesy of Maid Brigade. The Activities and Events Committee organized the event.

Photo by Nicole Gauvin



New Parking Spaces Added to Brenman Park Drive

Over the summer, the City of Alexandria approved changes to the Special Use Permit for Ben Brenman Park to allow for an additional strip of parking spaces to be created along Brenman Park Drive between Somerville Street and the soccer field. The extra strip of pavement was created with Flexi-Pave, a pervious material made of shredded used tires.

New Playground Coming to Boothe Park

By Barbara Martinez

At the 2011 Annual Meeting of the Cameron Station Community Association, staff from the City of Alexandria presented plans to renovate the Armistead Boothe Park playground next to Samuel Tucker Elementary. Since those renovations were originally projected to occur during summer 2012 – but did not -- *The Compass* checked in with Judy Lo, from the city's Division of Park Planning, to find out where they stand.

"We are finalizing the play equipment designs and are beginning the engineering design project phase in a few weeks," Lo wrote in an email. "We are very close to awarding the engineering design contract and anticipate to have site plan approval this winter."

The engineer cost estimate will help Lo and her city colleagues get a better sense from Alexandria City Public Schools about the timing of its contribution to the costs of the renovations. Lo is also looking at options based on available funds, which could include phased construction beginning in spring or summer 2013.

The plans for the renovation have not changed since last year. They include removing the existing play structures and building new ones away from the drainage areas of the park. One of the new structures will be for school-age children and the other will be for children ages 2–12.

In the meantime, younger kids will find new equipment in the play area next to Holmes Run Trail at North Ripley Street. The playground was recently renovated with a \$5,000 Playground Spruce Up grant from Smart Beginnings/Alexandria Childhood Obesity Action Network/ACTION Alexandria.

The improvements include a new swing set with tot seats and a seat for disabled children, plus equipment for children ages 2–5, including three spinning pieces and two musical activity panels. If you haven't visited this play area, check it out! It's a pleasant 10–15-minute stroll from Cameron Station. Cross Duke Street at CVS and follow the trail over the bridge and as it curves to the left.

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Meetings are the fourth Tuesday of every month,
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dbaldino@cmc-management.com

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Judy Wojciechowski, President

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