

The Compass

Newsletter of the Cameron Station Community Association, Inc.

Volume 11 Issue 2 • March/April 2010

Nominate and Celebrate "Pride of Ownership"

By Robert Burns

Time for "Spring Renewal"! Residents are encouraged to improve their personal landscaping space – the areas in public view – to enhance the community's overall curb appeal. Awards will be given in recognition of those who demonstrate "pride of ownership," and a variety of attributes will be considered in determining the winners: lawn and shrub grooming; weed-free turf and planting areas; design and aesthetic (color and variety) appeal of gardens; and compatibility with Cameron Station's architecture and colonial theme. Visual impact may be enhanced with flower pots and other landscape décor, but please check the Cameron Station Design & Maintenance Standards or your condominium covenants for items that need pre-approval, such as tree plantings. Four categories will be judged: single-family home; townhome; end-unit townhome; and condo.

2009 Award Winners



Nominations are due by Friday, May 28, and should be submitted to commonarea@cameronstation.org.

(Continued on page 6)

You're Invited to the Party! But Could You Help a Little, Too?

By Pat Sugrue

The CSCA Pool Party...the Holiday Party...the Valentine's Brunch...the 10th Anniversary Celebration...the Yard Sale...the Ice Cream Social...TGI(L)F...there are so many wonderful opportunities in Cameron Station to get to know your neighbors and celebrate our community.

But many of us have enjoyed these community events over the years and never really focused on how much effort it takes to put them on. That's probably because the members of the Cameron Club&Events Committee (CCEC) do the lion's share of the work themselves, and they make it look so effortless. All most of us do is show up and have a good time!

Well, the CCEC wants us to continue to have a good time, but they could use a little help from us, as well. While there are certain neighbors who always seem to lend a hand, the more who are willing to help, the less time and effort everyone has to spend.

(Continued on page 6)



Community-Wide Spring Yard Sale

**Saturday, April 10
8:30am-1pm**



What's Inside

Committee Updates.....4	Neighbors in the News.....10	Tucker Elementary News.....16
Board of Directors Meeting.....5	History in Our Streets.....11	Carla's Picks24
In Memoriam6	Library Anniversary.....12	Restaurant Review.....25
Fitness News8-9	Dog Walking Tips13	Advertising Policy27



CAMERON STATION COMMUNITY ASSOCIATION, INC. (CSCA)

BOARD OF DIRECTORS

(boardofdirectors@cameronstation.org)

Mike Kuhl (*President*)

Mindy Lyle (*Vice President*)

Mahl Avila (*Treasurer/Secretary*)

Don Buch

Derek "Dak" Hardwick

Michael Kidwell

Tom McClimon

Meetings are the fourth Tuesday of every month, except November when it is the third Tuesday.

COMMUNITY MANAGEMENT

Airielle Hansford, Community Manager
communitymanager@cameronstation.org

Felicia Mingione-Buzan,
Assistant Community Manager
assistantmanager@cameronstation.org

Mary Flynn, Covenants Administrator
covenants@cameronstation.org

703-567-4881

CAMERON CLUB FITNESS CENTER

Kevin Horner, Director
fitness@cameronstation.org



CSCA COMMITTEES

ARCHITECTURAL REVIEW COMMITTEE

arc@cameronstation.org
Jon Bradley – Chairperson

CAMERON CLUB & EVENTS COMMITTEE

ccec@cameronstation.org
Ray Celeste – Chairperson

COMMON AREA COMMITTEE

commonarea@cameronstation.org
Robert Burns – Chairperson

COMMUNICATIONS COMMITTEE

communications@cameronstation.org
Cheri Avila – Chairperson

FINANCIAL ADVISORY COMMITTEE

fac@cameronstation.org
Michael Bilbrey – Chairperson

CONDOMINIUM/MANAGEMENT COMPANIES

Carlton Place Condominium

Oakland Hall at

Cameron Station Condominium

Woodland Hall at

Cameron Station Condominium

Management Company:

Community Management Corporation

Leah Pommrehn, Manager on site at Cameron Club:

703-212-8020, 703-212-8021 (fax),

lpommrehn@cmc-management.com

Main Street Condominium

Management Company:

Condominium Services, Inc., 703-370-1600

After-Hours Emergencies: 800-995-5093

Elevator Emergencies: 800-995-5093

Unit Owners Association of the Condominiums at Cameron Boulevard (Centex Condos)

Judy Wojciechowski, President

Management Company: Klingbeil, Powell & Alutz, Inc.

703-532-5005

The Residences at Cameron Station

Management Company: Armstrong Management

703-385-1133

Angela Luker, Community Manager:

On-site number, 703-751-4070

From the President of the HOA Board

By Michael Kuhl

"Winter is nature's way of saying, 'Up yours.'" Robert Byrne

After experiencing what might be remembered as the Great Snow of 2009-2010, I think you can imagine that nature may have said something like that. While it's conceivable that we could see storms of this magnitude over a multi-year period, having two in one season is something that truly was incredible and something that most of us are not eager to see anytime soon.

Acknowledging some humor in this next statement, I think we can actually consider the storm in December to be a welcomed event. It brought to light significant snow removal issues that had never been experienced by our community in the 11 years of Cameron Station's existence, simply because while we have had some significant storms in the past, we had never experienced a snowstorm of that magnitude. After December's event, we began the exercise of reviewing what happened, and we started to plan how we

could better respond if this were to happen again. Unfortunately, there were only a few weeks between that event and our second storm in February.

With some of the issues we were actually able to get a quick resolution.



Resuming Normal Shuttle Operations

One major issue we faced was meeting a requirement set by the community's Transportation Management Plan (TMP): the operation of the shuttle that provides our residents service to the Van Dorn Metro station. Our residents pay for this service through their homeowners' fees and, on average, about 700 residents take advantage of the shuttle on a daily basis. Because the shuttle runs only on City of Alexandria-designated streets (those maintained by the city), the homeowners' association is unable to clear those roads. In an apparent oversight that didn't reveal itself until the significant December snowfall, the public streets in Cameron Station did not have the appropriate priority snow removal designation to allow us to safely execute the required Cameron Station TMP. With the assistance of Vice Mayor Kerry Donley and a great response by city staff and the Alexandria city council, not only were we able to get city streets cleared in order to operate our shuttle safely in December, but the street upgrade allowed for a more effective response to the storm in February 2010. When the federal government reopened at the conclusion of the February storm, because of the city's efforts and the work of our own snow removal contractor, Cameron Station was

able to start moving back to normal operations.

Other issues were not so simple to solve.

Narrow Streets and Lack of Sunlight

Several of the community's streets are located in areas that receive little if any sunlight; therefore, snow is very slow to melt. The narrow width of many of the community's streets and side streets do not allow for the simple plowing of snow to clear those roadways. These limiting factors have been "manageable" in previous winters where the accumulations have been less, but these storms brought to light what happens in the worst-case scenario.



Unshoveled Walkways

The community had to take unprecedented action to clear the snow from some homeowners' walkways (in accordance with Article VIII of the Association's Governing Documents and Section 55-513 of the Virginia Property Owners Act). This was simply a case in which no action had been taken by certain homeowners to clear their walks, and this posed a danger to those in the community who use those sidewalks to travel around the neighborhood. More than adequate time had elapsed since the snow storm (over a week), and the city cited Cameron Station for not having the snow removed from the walkways under its control. Action had to be taken. Several walkways, driveways and sidewalks were cleared, and the costs associated with this activity were allocated to the responsible homeowners.

Improper Disposal of Pet Waste

Pet waste not being properly disposed of was an issue during both storms, especially in the linear park area along the back of the community. As a result, this area has turned into a toxic waste ground that has caused numerous dogs in the community to become ill. (From personal experience and a vet bill that topped \$1,000, I can personally attest to this.) Pet owners are required by both Cameron Station rules and city ordinances to clean up after their pets. Cameron Station has gone to great expense to provide waste bags as well as install and maintain pet stations to make this convenient to do, but as a result of a few bad eggs, pets keep getting sick. And when the spring weather comes rolling in, a great number of children will be back playing in these areas and will be exposed to toxic waste. Please clean up after your pets. And if you see someone who isn't, rat them out!

(Continued on page 7)

Committee Updates

Architectural Review Committee

No update received.

Financial Advisory Committee

No update received.

Cameron Club & Events Committee

The CCEC held its annual Valentine's Day party at Food Matters. This is always a great event for the entire family. Ray Celeste had the lead for this party and is very grateful to Ellen Shreve for her assistance. Approximately 150 residents came to celebrate and enjoy a great light brunch.



The food was delicious. If you have never had Food Matters' wheat pancakes, please treat yourself to them sometime. We appreciate the support the management of Food Matters gave us for this wonderful community event.

If you do not have a Cameron Station Community Association resident identification card, please get one when you have the chance. Thank you.

Pinky Fitzgerald, along with Sonia Agosto, Yvonne Pover and Mary Murphy, have made the last-Friday-of-the-month adult happy hour, TGI(L)F, a great success. If you have a theme idea for one of these parties and/or would like to help out, please let us know at ccec@cameronstation.org.

Our annual yard sale is scheduled for Saturday, April 10, with a rain date of Saturday, April 24, from 8:30am to 1pm. Please stop by the Cameron Club starting at 8am to pick up your helium-inflated balloon to hang near your garage to show that you are participating. Condo owners, please contact Ellen Shreve at bcosmos8@msn.com about how to display your items and/or contact your condominium association manager for information.

Common Area Committee

The CAC has approved the irrigation proposal for designated parks, and Lancaster Landscapes will begin working on the parks in the spring. Also, landscape enhancements to the Martin Lane park and the gazebo circle park, with input from residents, were approved and will begin in the spring.

Improvements to the main entry garden are being considered. The CAC also will be working on flower selections for the main entry and the gazebo park.

There is a vacancy on the Common Area Committee. Interested homeowners should send an email to communitymanager@cameronstation.org.

Communications Committee

The Communications Committee continues to work on developing a more user-friendly website that provides more up-to-the-minute details on events in the Cameron Station community. One new addition to the website is advertising from local businesses. (See page 27 for more details on posting an ad about your business). Please consider joining our committee if you would like to provide input on the website, the newsletter or other communication outlets. We meet on the second Wednesday of each month at 7:30pm in the Cameron Club.

HOA Committee Meetings

All meetings are held in the Cameron Club. If dates must change, they will be posted on the Cameron Station website at www.cameronstation.org.

Cameron Club & Events Committee

First Monday of the month at 7pm

Architectural Review Committee

First Tuesday of the month at 7pm

Common Area Committee

First Wednesday of the month at 7pm

Communications Committee

Second Wednesday of the month at 7:30pm

Financial Advisory Committee

Third Thursday of the month at 7pm

Board of Directors Meeting, February 23

By Catherine Huddleston

Financial Report

On December 31, 2009, the CSCA had operating and investment funds totaling \$2,196,167.22. The Income Statement Report reflects a year-to-date income of \$2,181,103.33, which is \$33,478.93 above budget, while year-to-date expenses are \$2,129,037.94, which is \$18,586.46 below budget. While the overall expenses are below the budgeted amount, there are a few line items that exceed the year-to-date budgeted amount by more than \$1,500. Most notably, snow removal exceeds the year-to-date budgeted amount by \$58,707.11. (The bills for snow removal for early 2009 totaled \$94,786.50.) Overall, there is a positive variance between year-to-date income and expenses in the amount of \$52,065.39. The Capital Reserves account totals \$118,135; the board approved \$97,060 in capital improvements projects for 2010 to be funded from this account. The Accounts Receivable Residential Assessments amount as of December 31, 2009, was \$22,617.36. This reflects a delinquency rate of approximately 1.11%, which is below the industry standard of 5%. Accrued Reserves total \$1,349,823.86 and are fully supported by cash and investments. This signifies that the association is in a healthy financial position.

WTS Cameron Club Report

Fitness Director Kevin Horner presented the January 2010 WTS report. Kevin detailed the equipment that is going to be repaired under warranty and discussed the new free weights. Kevin also addressed staffing complaints; he currently has employees call him from the fitness center land line when they arrive at 5am to verify that the fitness center is open.

Residents' Open Forum

One Cameron Station resident wanted to discuss the Cameron Club and fitness center inclement weather policy. She did not like the fitness center being closed due to weather. Mike Kuhl explained that the decision to close the facilities ultimately comes from him and is based on several factors, including allowing time for the snow removal contractor to clear the roads and sidewalks for the safety of all involved, including the safety of management and fitness center staff.

Committee Reports

Michael Kidwell, board liaison, presented the update on behalf of the Cameron Club & Events Committee (CCEC). He stated that the CCEC will take another look at the access security system proposals and provide a recommendation to the board. There was also a discussion regarding rain dates for both yard sales. Susan Carleson of the Common Area Committee (CAC) discussed the purchase and storage of the artificial Christmas tree purchased for the gazebo.

Snow Storm Follow-Up

The board and management discussed and reviewed all of the information compiled relating to the snow storm in February, 2010. The CAC is currently drafting a snow emergency plan for Cameron Station.

DMS Tree Replacement Amendment Status

A representative from RTEC Treecare met with members of the board, ARC and CAC on February 16 to discuss tree issues and replacement specifications. This meeting was productive, and RTEC representatives felt they could start to develop a list of suggested replacement trees within a matter of weeks.

Action Items

- Reimbursement of \$719.97 for purchase of an artificial Christmas tree for gazebo - Approved
- Appointment of David Eisenberg and Cole Mowry to Architectural Review Committee - Approved
- Proposal by Lancaster Landscapes for \$6,708.75 for spring flower installation - Approved
- Proposal by Lancaster Landscapes for \$5,345 for fall flower installation - Approved
- Proposal by Lancaster Landscapes for \$5,320 for landscaping enhancements / drainage modifications at Martin Lane pocket park - Approved
- Proposal by Lancaster Landscapes for \$5,043 for landscaping enhancements around Cameron Station gazebo - Approved
- Proposal by Lancaster Landscapes for installation of new irrigation systems not to exceed \$26,500 and the Virginia American Water proposals totaling \$6,912 for six new water taps - Approved
- Proposal from Gym Source totaling \$3,602.88 for urethane-coated weights for Fitness Center - Approved
- Proposal from Hann & Hann for \$1,560 for the extension of the perimeter fence between the shopping center and Woodland Hall, contingent upon Woodland Hall splitting all associated costs - Approved

Additional Items

- Management will work to get an update on the status of the RFP for the new website company.
- The all-purpose court was painted by Williams Professional Painting on February 17. Access to the court was restricted for only 24 hours.
- The fitness center roof began to take on water on February 16. CMC Maintenance was able to clear the drain on the roof and fix the water diversion. On February 18, water began to pour into the fitness center. Management had the roof cleared of snow and ice. Any necessary repairs to the roof and fitness center will be made as soon as possible.

In Memoriam

Our community lost three neighbors during the last few months, one in a plane crash, one from illness and one in the Haitian earthquake. We extend our deepest sympathy to their families and friends. They will be greatly missed.

Kwan Kwok

In November 2009, Cameron Station lost a wonderful friend and a valued member of our community. Kwan Kwok, long-time member and vice-chairperson of the Architectural Review Committee, died in a plane crash outside Morgantown, West Virginia. Kwan, a registered pilot, was flying back from Texas when his plane went down. Kwan loved living in Cameron Station and was committed to ensuring that the community remains a great place to live.



Kathryn T. Schuck

Kathryn Schuck passed away on December 12, 2009, after a long and difficult illness. Kathryn and her husband Craig were among the first residents of Cameron Station, moving from Dallas, Texas, to John Ticer Drive in December, 1998. This close-knit block was a perfect fit for Kathryn, who loved attending the many parties and celebrations her neighbors put together. Kathryn's



last employment was at the IVOS Company in Rockville where she was the national sales manager, known not only for her professional skills but also for her stylish suits and shoes. In her free time she enjoyed driving her BMW Z car with the top down, no matter what the weather, and experimenting with Cajun recipes. In addition to her husband and stepchildren, she was devoted to her little Shih Tzu dog, Suzuki, whom she loved to take for walks all over the neighborhood. Craig thanks his neighbors for their expressions of sympathy.

Victoria DeLong

Victoria DeLong, a resident of the Carlton Place Condominiums, was the first American reported killed by the earthquake in Haiti. Victoria was a cultural affairs officer and had been stationed at the U.S. Embassy in Port-au-Prince. She died when her home collapsed. According to a State Department spokesman, Victoria joined the Foreign Service in 1983 and had served as Cultural Affairs Officer in Haiti since February 2009: "In one of the most challenging environments in the world, she dedicated herself to the educational and cultural exchange between the people of Haiti and the people of the United States. Her creativity, hard work, communication skills and courage in this task advanced the partnership between our countries and the cause of peace and prosperity in our global neighborhood. She will be sorely missed by her colleagues and friends."



Pride of Ownership

(Continued from front page)

Please take a moment and nominate the address that you feel deserves special recognition.

If you would like to help sponsor these awards, please contact the Common Area Committee (CAC) at the above email address. The CAC would like to express its appreciation to all residents who take pride in preserving the beauty of this special community. Plan to join us at the gazebo on Sunday, August 15, when the winners will receive their awards.

Robert Burns is chairperson of the Common Area Committee.

Invited to the Party

(Continued from front page)

The next big event is the annual pool party, scheduled for Saturday, June 19, 11am-3pm, and held in conjunction with the Spring Festival of arts and crafts. The CCEC needs help with the pool party in setting up, cleaning up, checking IDs and lending a hand throughout the day. If you are willing to sign up for one of these two-hour shifts - 9-11am, 11am-1pm, 1-3pm or 3-5pm - please contact CCEC Chairperson Ray Celeste at ccec@cameronstation.org or 703-819-5203. If you would like to help out with the spring festival, held 9am-4pm that day, please contact Donna Kenley at kenleyd@aol.com. She will need help organizing the event, e.g., contacting vendors, setting up the area the vendors will be using the day of the event, checking them in and cleaning up afterwards.

Recycling, My Friends, Is Blowin' in the Wind

There's a problem in the neighborhood that has been more evident lately due to the unusually high winds we've had this winter: items left on the curb for recycling are blowing all over the streets and into neighbors' yards. If you're away at work during the day, you might not even realize this is a problem, but those at home know that the trucks often don't come until the late afternoon, which can mean hours of chasing dirty wet cartons, boxes and bottles down alleyways and streets.

Please be alert to weather conditions when putting out your recycling bins. Unlike trash cans, they don't have covers, so please try to put heavier items on top to weigh down the lighter ones. And please always use the bins - paper shopping bags and flimsy cardboard boxes don't stand a chance of remaining on the curb during a windstorm. Thank you.

From the President

(Continued from page 3)

Snow Removal Expense

Finally, there is the cost issue related to all these snow-related actions. Annually, Cameron Station budgets approximately \$40,000 for snow removal. In the calendar year of 2009, we were approximately \$50,000 over budget for this expense category. Thus far in 2010, we are more than \$150,000 over budget, and we have yet to receive all of the invoices for the February storm. While Cameron Station remains in a good financial position (we have adequate reserves to deal with this crisis), this will set 2010 up as a year in which we will be watching expenses even more closely than before.

Planning for the Future

We have been working diligently to identify the issues related to the snowstorms. By working with the community's Common Area Committee (CAC), the CSCA board hopes to solicit the good ideas of our community and formulate a detailed snow removal plan and supporting policy so we are better prepared in the future. We thank all who attended the February 21 Cameron Station Town Hall Meeting. Your feedback was excellent, and I look forward to your participation as we develop these new plans and policies.

We continue to learn lessons as a result of these historic storms. Although not perfect, our ability to respond to snow (and other critical situations) in Cameron Station has been greatly improved by working together with the residents of Cameron Station. Thanks again to all who have been a part of our efforts.

HOA Board of Directors 2010 Meetings

Tuesdays, 7pm, Cameron Club

April 27

May 25

June 22

July 27

August 24

September 28

October 26

November 16

December 21

Town Hall Meeting: Sunday, August 15
(following the Ice Cream Social). Annual
Meeting: Monday, November 8 (proposed).

Kudos to our Community Manager!

Congratulations to Cameron Station Community Manager Airielle Hansford, who recently earned her Professional Community Association Manager (PCAM) designation. PCAM is the highest professional designation for managers who specialize in community association management. The community should be proud and honored to have the support of such a knowledgeable manager!



Del Ray Artisans "What's Your Bag?"

This show, April 2-25 at the Del Ray Artisans Gallery, explores the "Bag as Art" in all mediums and interpretations - handbags, backpacks, tea bags, suitcases, sacks, paper or plastic. There will be an opening reception on Friday, April 2, 7-10pm, and a closing reception/Mystery Bag game on Sunday, April 25, 3-6pm. The gallery is located at the Nicholas A. Colsanto Center, 2704 Mount Vernon Avenue, Alexandria, Virginia 22301. For more information, visit www.TheDelRayArtisans.org.

Fitness Center News

By Kevin Horner

Group Exercise Classes

Our second group exercise session of 2010 begins the week of March 29, 2010. We have added Zumba and a Fit Camp to our schedule of classes.

Fit Camp: Mondays 6-7am (with Kathy)

Sports Conditioning with Abs:

Mondays 7-8pm (with Amy)

Yoga: Tuesdays 9-10am (with Denise)

Pilates: Tuesdays 7:30-8:30pm (with Denise)

Zumba: Wednesday 7-8pm (with Kristina)

Yoga: Wednesdays 8-9pm (with Natalie)

Yoga Sculpt: Thursday 9-10am (with Denise)

Yoga Fusion: Thursday 8:15-9:15pm (with Denise)

Pilates Boot Camp: Saturdays 9-10am (with Denise)

These classes are great for everyone who has resolved to be healthy and fit!

Fitness Center Reminders

Now that the snow is gone, we are left with lots of salt and sand on our roads and sidewalks. The salt and sand are not good for our machines, especially the treadmills. It is important that all users of the fitness center wipe their shoes off well before entering the center. Some residents have made it a habit to wear street shoes to the gym and change into their gym shoes before working out. This is a great idea. We thank you for your cooperation in this matter.

Remember: the best way to keep from getting sick is to wash your hands often and use the hand sanitizer we provide in the center.

For information on any of the programs, please contact the Fitness Center at fitness@cameronstation.org or 703-567-8555.

West End Farmers Market Grand Re-opening Sunday, May 2 9am-1pm

Mark your calendars now for the start of another season of the popular West End Farmers Market in the south parking lot of Ben Brenman Park. Artists and musicians (and possibly a story teller) will join the farmers on opening day.



Cameron Club Fitness Center Hours

Monday-Friday, 5am-11pm

Saturday-Sunday, 7am-8pm

The Fitness Center's regular hours will be in effect every day, except for the following:

Closed: Thanksgiving Day, Christmas Eve, Christmas Day, New Year's Day

Closing at 6pm:

Fourth of July, Thanksgiving Eve, New Year's Eve

Opening at 8am:

Martin Luther King, Jr. Day, Presidents' Day, Memorial Day, Fourth of July, Labor Day, Columbus Day, Veterans' Day, Day after Thanksgiving

2010 Cameron Club Guest Passes and Visitor Parking Passes

Available at front desk of the Cameron Club.

The HOA office will be closed:

Memorial Day, Monday, May 31 - Observed
Independence Day, Monday, July 5 - Observed
Labor Day, Monday, September 6
Thanksgiving, Thursday, November 25
Day after Thanksgiving, Friday, November 26
Christmas, Friday, December 24 - Observed

SPRING ACTIVITIES SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00/7:00AM		6:00-7:00AM Fit Camp (Kathy)					
7:00/8:00AM							
8:00/9:00AM		8:30-10:00AM Workout Parents		8:30-10:00AM Workout Parents		8:30-10:00AM Workout Parents	
9:00/9:30AM			9:00 -10:00AM Yoga (Denise) 9:30-10:30AM Stroller Strides		9:00-10:00 AM Yoga Sculpt (Denise) 9:30-10:30AM Stroller Strides		9:00-10:00AM Pilates Boot Camp (Denise)
10:00AM							10AM-12NOON Pick-up Basketball
7:00PM		7:00-8:00PM Sports Conditioning w/Abs (Amy)		7:00-8:00PM Zumba (Kristina) Begins 3/17/10			
7:30PM			7:30-8:30PM Pilates (Denise)				
8:00/8:15PM			8:00-10:00PM Pick-up Basketball	8:00-9:00PM Yoga (Natalie)	8:15-9:15PM Yoga (Denise)		

Drop-ins are welcome on a space available basis for \$10.

This schedule can change at any time due to low class participation, so please call the Fitness Center or check the website for an updated schedule.



**The Leading Cleaning Company
Working in Cameron Station Now**



**Call for a FREE phone estimate
703-256-1288**

We Will Clean Your Home Thoroughly & Affordably!

Cameron Station References Available

- Clean Kitchen Sinks/Counters
- Clean Inside Microwave
- Clean Outside of Appliances
- Wipe Cabinet Doors
- Clean Table & Chairs
- Mop/Wax Tile Floors
- Make Beds & Change Linens
- Remove Trash
- Vacuum All Carpet Areas
- Remove Cobwebs
- Sanitize Bathroom Fixtures
- Clean & Sanitize Tubs & Showers
- Polish Chrome Fixtures
- Wash Bathroom Floor
- Dust Sills, Ledges & Baseboards
- Dust Furniture/Shelves/Pictures

**Our Supplies & Our Equipment
Bonded & Insured**

**After the First
Cleaning,
2nd Cleaning is
FREE**

Limited to New Weekly &
Bi-Weekly Customers
Only

\$20 OFF
Move In/Out
&
One Time
Cleanings

www.homecleaners4you.com

Neighbors in the News

Cameron Station is filled with interesting people doing interesting things. If you would like to be recognized in a future issue of *The Compass*, or if you have a neighbor you think deserves recognition, please email information to thecompass@cameronstation.org.

Enshallah

By Carla Besosa

On December 8, Food Matters was hoppin' as Cameron Station author Terry Major held a book signing to showcase her new literary effort, *Enshallah*. ("Enshallah" is a common Arabic term used in everyday conversation that loosely translates to "God willing.") This is Terry's first novel, and it deals with post-9/11 retaliation by a female American covert agent working against al Qaeda terrorists who have attacked the United States. Her characters come alive as the story evolves at an energetic pace that holds the reader's interest.



Terry and her husband Bill lived in Saudi Arabia for five years (pre-9/11), inspiring her to choose this particular subject.

Terry (writing under the name M.M. Terrence) was thrilled with the show of support at the book signing. Food Matters was packed as *Enshallah* fans gathered to attend the event. Terry graciously donated a portion of the proceeds to the World Wildlife Fund.

Now wintering in Bonita Springs, Florida, Terry is hard at work on the sequel to *Enshallah*, which, she reports, should be out "around the end of 2010."

Do You Tutor at an Alexandria School?

In a future issue of *The Compass*, we would like to feature in "Neighbors in the News" any Cameron Station residents who tutor in our Alexandria schools, public or private. If you would like to be featured, please contact thecompass@cameronstation.org, or call Pat Sugrue at 703-566-6721. Thank you.

TGI(L)F

Adult HappyHour

Last Friday of Every Month

Cameron Club

6-8pm



Boot Scootin' Boogie Line Dancing on April 30!
Taught by our very own Cameron Station resident, Deena Disraelly.

Please bring a snack to share and a beverage to quench your thirst, as you will need it! And please bring your Cameron Station I.D.



January's TGI(L)F theme was Motown. Neighbors were "Dancin' in the Streets"!

Help Your Trees and Shrubs Weather the Storms

By Anne O'Connor

After the snowfalls that we have had, many people are concerned about the condition of the shrubs and trees on their property. In order to help with that problem, the Common Area Committee and Lancaster Landscapes offer the following tips:

1. When the melting of snow and ice safely allows, prune any obviously damaged areas.
2. Monitor the trees and shrubs into the spring. Many of them are resilient and will respond well to pruning.
3. Tie or secure any leaning shrubs or trees. In time, most will regain their stature.
4. If shrubs or perennials seem to rise out of the ground, with mounds of dirt around the base, gently but firmly tamp down the earth so that the plant is solidly embedded.



Anne O'Connor is a resident of Cameron Station and a member of the Common Area Committee.

History in Our Streets

We're revisiting a topic of interest to the community – the origin of Cameron Station's street names. Articles on this subject ran in The Compass in 2000, 2001 and 2003, thanks to the research and writing of two former Compass staffers, Erin Wetherald and Elizabeth McAlee, with the assistance of T. Michael Miller, a research historian at the Office of Historic Alexandria. It was suggested that we repeat the information for the many residents who have moved into our community since then. There are still some street names for which we have no explanation, but if anyone out there does know how they came about, please contact us at thecompass@cameronstation.org.

In 1995, a special subcommittee of the Historic Alexandria Resources Commission was formed to develop a list of possible street names for the new community known as Cameron Station. The subcommittee's list of suggested street names reflected the contribution Cameron Station, the military installation, had made to the city, as well as the personal sacrifice residents of Alexandria had made during wartime. Also included on the list were prominent Alexandrians of the 19th and 20th centuries.

Ten streets were named for Alexandrians who died in the line of duty during World War II:

- Major General Charles Dodson Barrett
- Sergeant Robert Brawner
- Richard Medlock
- Ernest Bessley
- Corporal Joseph A. Tull
- Corporal Charles H. Grimm
- Corporal Edward T. Lannon
- Colonel John T. Murtha
- First Lieutenant Benjamin J. Vos
- Private Hard Grover English

Seven street names reflect the history of Cameron Station as a military post and location of the Office of Strategic Services, a forerunner of the CIA. All of the following were commanding officers of Cameron Station:

- Lieutenant Colonel August Fucci, last military commander of Cameron Station
- Lieutenant Colonel Roger J. Tancreti, Jr.
- Lieutenant Colonel Thomas Knapp
- Lieutenant Colonel Richard T. O'Neill
- Colonel J.B. Comay
- Colonel Earle A. Johnson, Jr.
- General Brehon Burke Somervelle, responsible for the construction of the Cameron Station Quartermaster Depot in the 1940s.

General William Joseph Donovan was the creator of the Office of Strategic Services, a fledgling espionage arm of the U.S. Army that has morphed into the CIA, as well as a Medal of Honor recipient.

A few street names evolved from 19th and 20th century residents associated with Alexandria:

Ferdinand Day was a member of the Alexandria School Board.

Ben Brenman was an active member of the Alexandria community, politically and socially. His dream of using some of Cameron Station for parkland was made a reality, and the street named in his honor fittingly begins (or ends) at that park.

John Ticer Drive is named for State Senator Patsy Ticer's late husband. John (Jack) Ticer was a World War II veteran and a member of the Alexandria City Council during the 1950s.

M.H. Barbour was an early property owner in the area, as was Everett Hellmuth.

Martin Lane appears in an 1819 deed of property in the Cameron Station area.

Dr. Waple owned property on what is now the west end of Cameron Station.

Picosin is a derivation of "pocosin," an 18th century term for swamp.

There are a few streets as to which we've yet to find a link or reason for their names:

- Kilburn Street
- Livermore Lane
- Harold Secord Street (there may be a connection with a T.C. Williams High School principal of the same name)
- Minda Court

It's interesting to know that Cameron Station has a history peopled with real characters – fellow Alexandrians who worked and lived in a place we now call home.

Garages Are for Cars, Not Storage

Management would like to remind residents that the principal use of garages according to Cameron Station Community Association policy is for passenger vehicle storage only. Residents are subject to fines if anything is stored in a garage that prevents the owner from parking a vehicle in it.

Beatley Central Library Celebrates 10th Anniversary

By Mark Schwartz

Everyone is invited to Beatley Central Library to enjoy the official celebration of its 10-year anniversary of Beatley Library on Saturday, April 19. The 60,200-square-foot building was designed by Pierce Goodwin Alexander & Linville in association with Michael Graves, Architect. The library opened in the winter of 2000 and was named for Charles E. Beatley, Jr., Mayor of Alexandria from 1967 to 1976 and 1979 to 1985. The following events are some of those planned throughout the building and throughout the day on April 19.

Guitarist John McCann

10am to 10:30am

Music for ears of all ages in Talking Books Service Office on second floor.

Special Saturday Storytime

10:30am to 11am

Stories for all ages in Story Room. Registration is required; please call 703-519-5900, ext. 4.

Local Author Kirstin Downey

11am to 11:30am

Author of *The Woman Behind the New Deal* and *Washington Post* correspondent will be the 10th anniversary keynote speaker in Large Meeting Room.



Irish Breakfast Band

11:30am to 12:30pm

Traditional folk music in Wright Reading Garden, weather permitting.

Sculptor Carlos Beltran Baldiviezo

12:30pm to 1pm

Alexandria artist featured in the Library's

Lobby will speak briefly and answer questions.

Fun and Games with Jordan the Jack Russell Terrier

1pm to 2pm

Jordan, who has appeared on "Late Night with David Letterman," will entertain all in the Large Meeting Room. No registration required.

Beatley Central Library is located at 5005 Duke Street, Alexandria, Virginia 22304. For more information, please call Mark at 703-519-3498. Morning refreshments will be sponsored by Cameron Café, located at 4911 Brenman Park Drive, Alexandria, Virginia 22304.

Mark Schwartz is a resident of Cameron Station and Alexandria Library Public Information Officer.

Gibberman Dental



Family, Cosmetic and Implant Dentistry

Dr. Paul Gibberman has been an important part of this community for over 25 years. The reason we have been so successful is because we recognize that you are the most important part of the practice. Utilizing advanced technology in our newly remodeled office, our primary goal is to give your family the highest quality dental care for a reasonable cost. Each patient is a unique individual and we treat every case, from periodic check-ups to root canals to cosmetic crowns and veneers to dental implants, with a focus towards your needs. Call our office or visit our website today to schedule your appointment.

Hrs: Mon- Thurs: 7am – 7pm

Sat by Appointment

703.823.6616

www.gibbermandental.com

Shops at Foxchase

4613 Duke Street (next to the Harris Teeter Grocery Store)

Alexandria, Virginia 22304

The Art of Walking Your Dog

By Christina Anderson

There's more to walking your dog than meets the eye. It can either be a necessary evil that you dread, or it can be a Zen-like experience, allowing you to enjoy the beauty of your surroundings and your dog's company. On the practical side, it is a good idea to follow some basic guidelines so that you are not putting yourself, others or your dog in danger. If you want to take your walking skills up a level and have a more enjoyable experience, then try following a few of these tips. Many of these steps are recommended by animal trainers and behaviorists.

Keep your dog close to you on a six-foot slack leash. While you are at it, get rid of that flexi lead and don't use it for walks where others are present. You will have much more control and keep your dog from getting ahead of you. If you want to use a flexi in an open area where there are no people, that is fine. Most trainers don't recommend them because there have been many injuries to dogs and people with flexi leashes. I personally was injured by one when someone's dog lead got wrapped around my legs and cut a nice gash behind my knee.

Stop playing the yank-and-pull game. Dogs like to pull on you when you are pulling on them. It is a natural instinct for them, and you are giving them reason to do it. Try getting a Gentle Leader leash and the frustrating game will stop. The leash fastens in the front so that that dynamic is eliminated. When you stop pulling on them, they will stop resisting and choking themselves (which is also troubling and can injure their tracheas). Look for Gentle Leaders in pet stores such as PetSmart and Pet Sage. It is worth a try.

Learn the body language of dogs. Do you know what your dog is trying to tell you? What do these individual signals say to you: tail down, ears back, eyes focused, mouth closed or stretched open? If you see some of these signs, you will know that it is not a good time to approach another dog. To learn what these mean, read the book, *Canine Body Language: A Photographic Guide Interpreting the Native Language of the Domestic Dog* by Brenda Aloff (Dogwise Publishing). Dogs can't speak, but they definitely can communicate.

Don't approach a dog without learning the correct way to do it. If you or your child finds it hard to resist the cutest of dogs, then you need to learn the proper procedure. There are steps that need to be taken so that you and others remain safe. First, ask the owner if the dog is friendly

and likes to be petted. Second, kneel down and let the dog smell your extended hand at a distance. If that seems okay, then approach the dog from the side and pet it on its back, not the top of its head. The head pat is too threatening; many dogs react negatively.



Be mindful of your dog's size and energy level. If you know that you have a dog that is larger or more assertive, don't allow it to run up to a smaller dog and start sniffing. It could be overwhelming for the smaller one. Keep your dog at a safe distance and ask the other owner if your dog can say "hi." Then, carefully allow them to greet each other. A polite greeting between dogs is to sniff each other from the sides and then move to the rear. Be watchful for signals that say they are not comfortable. If you see an over-

active dog coming your way, it is best just to usher your dog to the other side of the path to avoid a meeting.

Enter your dog's world while on your walk. Try walking your dog and unplugging from your electronic devices. When you are busy on the phone, texting or listening to music, you are disconnected from the dog's world and not able to really pay attention to what is happening. Enjoy your surroundings and focus on what your dog finds interesting. Give your pet positive words when it walks well or pays attention to you. Just recently, I saw an aggressive dog go after a more timid one, and the owner could not respond because he was on his cell phone. It was not a good situation and could have been tragic. You may find that you enjoy the quiet and another opportunity to bond with your dog.

If you are having behavior problems on your walk, take responsibility for your pet and get some help. If you are struggling and having chronic problems with your dog on a walk, maybe it is time to get some basic training. Many people think that dogs just know how to walk and behave. The fact is, you really need to help your dog develop these skills. Remember, most times the dog is not to blame; the owner is. A good place to turn is Woof's Dog Training in Arlington. They use positive reward-based training so your dog will learn the correct behavior in a positive way. Do avoid trainers who use prong collars, shock collars, jerking or any method that instills fear. It is definitely effective but it also destroys the bond between you and your pet. Always be kind and patient with your best friend and you will get great results.

See you in the park, and don't forget to bring your doggie bags.

Residents Fight Cabin Fever During Blizzards

By Lenore Marema

In my native Chicago, major snowstorms are referred to as "character builders." Stuck in my house for days, I cooked everything in my freezer and repackaged it into meals. I now have my dinner cooked until sometime in late March. I read the magazines to which I subscribe and usually give away. I went shopping on the Internet and bought a great new winter white coat. You don't miss much on television by having a day job. My greatest snow triumph, however, was that I finally read the Comcast manuals for my phone and television. I found a whole new world of entertainment and options that I never knew existed, right at my fingertips. I emerged from Snowmageddon as Queen of the Remote.

As the days wore on, however, I was down to cleaning closets and drawers, so I decided to find out how others coped with the forced respite. Three things clearly emerged as activities that kept most Cameron Station residents busy during the blizzard: shoveling snow; shoveling more snow; and hacking away at the ice. Many residents were happy to get to know their neighbors better as they helped each other dig out their cars and driveways. Mike Bilbrey was particularly popular on Kilburn Street as he shoveled snow into his pickup truck and hauled it away from the

area, lessening the loss of space and lanes on the streets that was a common problem in Cameron Station.

The local video rental stores must have been as emptied-out as the grocery stores. There were lots of reports about watching movies for which there previously had been no time. Carol and Steve Abrams

took the forecast of the first blizzard seriously and were prepared with the rental of "Lawrence of Arabia." They had hot sun and sand swirling in their living room as the snow was flying outside. Yvonne Pover worked a Christmas jigsaw puzzle, as well as sudokus and anacrostics. Frank and Sheila Cole dug out "The World at War," which is a series of 11 DVDs, and got through at least half.

Many reported that they had done some office work from home in their pajamas and enjoyed not being interrupted by phone calls and staff meetings. A large



number also got their income taxes done. Cliff and Kittie Messman refinanced their condo. Former Cameron Station resident Melanie Parris, arriving between blizzards from the US embassy in Tajikistan, rearranged the furniture in her government housing in Crystal City — more than once — and came back to Cameron Station for Martini Monday.

Cooking was a favorite home-bound pastime. On the one and only night that even Food Matters was forced to close, Carla Besosa used the opportunity to cook the frozen crab and cheese gourmet pretzel that had been a Christmas gift. We trust that she enjoyed a perfect wine pairing with that. Paul Gatza's nephew braved the grocery stores to gather all the ingredients to make a local favorite from their native Buffalo: Beef on Wek. Carol Abrams defrosted her Challah bread and made French toast. Lidia Lipsey cooked along with the Food Network, and lots of chili was made for Super Bowl Sunday.

Others did those projects for which they hadn't had time. Mike Mullins installed shelving in his garage. Sheila Cole organized the last five years of pictures. She will need another blizzard, however, to complete the baby scrapbook of her granddaughter...the child is only six years old. Evelyn Brooks reorganized her jewelry business so that everything is now sorted and labeled. She also organized all the pictures of her son, Tyler, but also will need another blizzard to start scrapbooking for her son.

Some residents just decided to enjoy the snow.



(Continued on next page)

Cabin Fever During Blizzards

(Continued from previous page)



Len Garon, one of our local artists, painted snow scenes. Suzanne McNicholas, Jane Schwetje and Laurie Dubia went sledding. They had real sleds as they slid down the hills in Ben Brenman Park. Several parents were seen with their children in makeshift sleds made from cardboard boxes, garage can lids and plastic storage containers, pulling them along with kitchen string or any available rope. There were sightings of a number of cross-country skiers and one report of a young woman jogging on the treacherous ice

on the streets in shorts – as in bare legs – and gym shoes.

Sieg and Gunn Chencinski merrily greeted the falling snow with occasional choruses of “Let it Snow.” They spent much time reminiscing how much snow was part of their lives growing up in Austria and Sweden, including walking to school as small children through large snow drifts, and the many times they enjoyed skiing as they grew up. Snow reality hit when they saw that snow removal in Virginia consists of plowing snow from the left lanes to the right lanes to open up a single path.

Gunn had to get to work in McLean every day on treacherous roads, and Sieg’s snow days from the federal government quickly turned into a daily shoveling routine. They did enjoy coffee and homemade cake on the Hungarian china that they received as a wedding present. By this time they were singing “Let it Melt,” another part of the local snow removal plan.

Stay tuned. We may have an updated report around Thanksgiving 2010 if there is a baby boomlet in Cameron Station.

With thanks to Jason & Laura, neighbors from the condo building, who helped me shovel my driveway so I could go out and find out what everyone else was doing.

Lenore Marema is a resident of Cameron Station, and we hope a regularly contributing writer!



Whimsical Snow Creatures



Samuel Tucker Elementary News

By Ingrid Sanden

Spring Fling

Mark your calendars for Spring Fling at Tucker Elementary School on Friday, April 23, 6:30-8:30pm. Have dinner with friends and neighbors, win amazing prizes and buy art created and curated by Tucker students! All proceeds will help buy technology items for Tucker classrooms. If you have questions or would like to make a tax-deductible donation to support this event, please email tuckertigersroar@gmail.com and put "Spring Fling" in the subject line. Tucker students, parents and teachers thank the Cameron Station community for its ongoing support!

Tucker Registration Information

Registration for the 2010-2011 school year will begin at Tucker Elementary School in mid-April. Registration information is available at www.acps.k12.va.us/enroll.

Due to increasing enrollment numbers citywide, especially in the West End, Alexandria City Public Schools (ACPS) staff and school board members are considering a new plan to use under-capacity schools to alleviate space concerns for schools facing overcrowding, while funding to rebuild three public schools is under review. (Tucker is one of the schools facing over-enrollment at the lower grades, especially kindergarten.) Modified Open Enrollment (MOE) - described in detail on the websites referenced below - helps manage enrollment numbers prior to the start of school, keeps the overall school capacity reasonable in size for the facility and keeps class size manageable.

ACPS has projected that more students will enroll at Tucker for kindergarten over the next five years than the facility was designed to hold. Currently, there are more than 700 students at Tucker, a building whose capacity is 575 students, so it is important to register on time. The population of the West End is very mobile, with families arriving and leaving throughout the year. It is believed that those families who arrive in the summer will be at the



Tucker Elementary parents, students, teachers and friends joined together on February 11 to help Tucker's custodians clear snow from around the school. The shoveling, which drew about 40 people, was a fun way to help get students back in school after a week of snow days.

greatest disadvantage for enrollment. ACPS has partnered with multiple organizations to help new families to the area register as soon as possible.

You may read more about the MOE proposal, which at the closing deadline for *The Compass* had not been approved, on the ACPS website at www.acps.k12.va.us/budgets/moe/. You may also read Superintendent Sherman's blog postings on the subject at www.acpsk12.org/superintendent.

If have further questions, please contact the school at 703-933-6300.

Rising Kindergartners

If your child is starting kindergarten at Samuel Tucker Elementary School in 2010, come to a play date from 9am to 10am on the third Saturday of each month in March, April and May at the Tucker kindergarten playground (green and brown play set). The purpose of the group is for Tucker kindergartners to get to know each other before school starts this summer. If you'd like to be added to a list of parents of rising kindergartners, please email Ingrid Sanden at iasanden@gmail.com.

Many Thanks from Tucker Elementary School

By Karen Morisato (on behalf of the Tucker staff)

I apologize for my delay in getting out a thank you to the amazing individuals, businesses, churches and groups who were so kind as to "adopt" our families for the holidays.

This year was a record here for the number of families adopted and for the number of bicycles that passed through our office. Forty-two families were adopted, another 12 received support through gift cards, and I saw at least 14 bicycles come through the school. The generosity of everyone was truly amazing. So many of the families were able to celebrate the holidays in a manner that they could have only dreamed of. So many families are struggling to make ends meet, so they were truly grateful and appreciative of everything. All of our supporters should smile at the thought of these many families enjoying Christmas because of their kindness and generosity.

Thank you for your ongoing support of our Tucker family.

Karen Morisato is the social worker at Samuel Tucker Elementary School who helps coordinate the annual Adopt-a-Family holiday gift program for needy Tucker families.

SPECIAL 10% DISCOUNT FOR CAMERON STATION RESIDENTS

-  Interior & Exterior Custom Painting and Carpentry
-  Wallpaper Removal, Drywall & Plaster Repair
-  Serving Northern VA with quality since 1979
-  Experienced in Cameron Station
-  Cameron Station references available



**WILLIAMS
PROFESSIONAL
PAINTING**

703-768-8143

info@williamsprofessionalpainting.com
www.williamsprofessionalpainting.com



Expect more with the Pair, Parker & Stockton Team:

- Internet Exposure to the most exclusive real estate sites:
- coldwellbanker.com, realtor.com, trulia.com, openhouse.com, zillow.com, forbes.com, newyorktimes.com and google & yahoo based search engines
- Enhanced virtual tour of your home – linked to Coldwell Banker's and our personal feature-rich web sites
- Include your home in our Cameron Station newsletter
- Provide both National and Local Display advertising
- Provide professionally developed Feature Sheets/Brochures
- Send out Direct Mail cards announcing your home
- Increase the "buyer pool" by tapping into Coldwell Banker's Corporate Relocation Services and local Military housing offices
- Provide Concierge Service for pre-screened, home-related services & product providers
- NEVER simultaneously list a like-kind property that will directly compete with your home
- Offer a highly competitive Commission schedule
- Install "world-wide" recognized yard sign with brochure boxes

Bottom-line: We offer you Exclusive Services that go beyond Industry Standards – please give us call...



Betty, Gil & Willie

Gil Stockton

The Pair, Parker & Stockton Team

703-969-5089 (Cell)

www.thePPSTeam.com

gilstockton@comcast.net



Tuesdays at Food Matters

Family Night

Every Tuesday – child eats free from children's menu with purchase of adult entree.

Trivia Night

Usually the third Tuesday of the month, but check with Food Matters at 703-461-3663.



Sign Up for E-Delivery of *The Compass*

We've already told you about the effort by the Cameron Station Community Association to "go green" by offering homeowners the option of receiving *The Compass* via mail (paper copy) or via email by electronic copy (e-copy). A great advantage of receiving the newsletter via e-copy is that you will be able to see the newsletter in color. But an even greater benefit is that e-copies also reduce HOA costs and help keep dues low!

If you would like to sign up for e-delivery and no longer receive a paper copy of the community newsletter, please send an email to Ecopyrequest@cameronstation.org. In your email request, please include the following information:

- Name
- Cameron Station address
- Off-site address if you do not reside in Cameron Station
- Email address to which your e-copy should be sent

Please note that as a result of signing up for this service, you will no longer receive the newsletter in the mail. However, you can always print out a copy at home. Please consider this idea in an effort to be more environmentally friendly and cost-conscious.

If at any time you wish to get back onto the mailing list for a printed version of *The Compass*, it will be necessary to give the office 30 days notice so that your information may be moved from the e-copy list back to the paper copy list.

WANTED

LOCAL REAL ESTATE AGENTS



For selling so many homes so fast and for top dollar. They're blowing the doors off the sales industry and need to be stopped. If you see this team, be aware. They are Armed and Dangerous. They possess the latest home selling techniques. Their plan of attack is coordinated and swift. Use caution. Do not attempt to apprehend. This team takes pride and is extremely good at what they do.

WARNING! They are not acting alone. They have skilled accomplices. They call them "Buyer Specialists". They know the territory; every floor plan, every house, every subdivision and their negotiating abilities give them an unfair advantage. The marketing, listing details, and client care follow-up appear to be an inside job. A network of associates does this specialty work with them. Why would anyone pick anybody else?



TomandCindy@HelloVirginia.com | 703-822-0207 | www.HelloVirginia.com

ALIVE!

(ALexandrians InVolved Ecumenically)

Food Distribution

8:30am - 11:30am

Saturday, March 27

Saturday, April 24

Saturday, May 29

Church of the Resurrection,
2280 N. Beauregard Street, Alexandria
(Take 395 north to Seminary Road west, right on
Beauregard, right into parking lot.)

Volunteers Needed!

Troop Donations Halted

Walter Reed Medical Center has received additional funding for the troops and will no longer accept donations. Thanks from Pinky Fitzgerald to all who have generously contributed over the years. If the situation changes, she will let us know.

Divinely Refined Interiors



One Day Redecorating for Stylish, Functional and Comfortable Rooms

LOVE THE HOME YOU'RE IN

Need help redecorating for a more beautiful and comfortable home using what you already own?

**Room Refinements ~ Color Consultations
Resale Ready ~ Move-in Consultations**



Contact LeeSa Page
Interior Redecorator, IRN
leesa@refinetoday.com
(202) 390-4714

Serving Northern Virginia

www.refinetoday.com



Bernuy Painting

Commercial & Residential,
Interior & Exterior Painting
Licensed & Insured,
FREE ESTIMATE

RESIDENTIAL SPECIALISTS
INTERIOR / EXTERIOR PAINTING

- Satisfaction Guaranteed • Expert Preparation • High Quality Materials •
- DECK CLEANING & SEALING • HOUSEWASHING

- Specialize in Custom Colors • Wallpaper Removal • Expert Drywall Repair (any size)
- Pressure Washing (House & Deck) • Sealing & Staining (Deck & Concrete) • Rotten Wood Replacement • Power Washing • Gutter Cleaning • Basement Finishing • References Available

We accept checks or any of the following credit cards:    

7 Everglades Ln. , Stafford VA 22554
Tel: 703-629-0775 Tel/Fax: 540-720-8601
bernuyco@hotmail.com



LICENSED . INSURED . BONDED

HOME

MAINTENANCE - REPAIR - IMPROVEMENT

Small projects * Minor repairs
Tiling * Hardwood floor installation
Wall repair * Drywall installation
Painting * Carpentry
Plumbing * Electrical

Custom bars
Custom shelves



Call

CAPY and ask for our services.

703 - 615 - 4470

Excellent job!

It is what we want to hear from you.

Shape-up your home for

Spring !



PRESSURE WASHING

Patio/Deck \$85.00
Balcony \$55.00
Furniture \$45.00
Sidewalk 45.00 Entrance \$35.00

Preventive Maintenance is Crucial

Keep the Air Fresh With warm, sticky days ahead, maintain the A/C to keep your system working at peak performance levels.

Watch Windows and Doors Clean - Check for leaks and drafts - Look for peeling and chipping paint, which can signal water intrusion. Ensure weather stripping creates a good seal.

Take a Peek at the Plumbing Check for leaking faucets or sweating pipes, clogged drains. Check under the kitchen sink for leaks.

Tackle the tiles Pay attention to worn grout between floor tiles in the bathroom or kitchen. A small crack in the grout can lead to an expensive repair later.

Who Should Fill Our Empty Retailer Space?

It's been a long time since Stems, L'Vida Salon and Spa and the NV Homes Sales Office closed, and still no one has rented the space. Several residents suggested that *The Compass* survey the community as to what kind of businesses the community would like to see move into the vacant spaces...what kind of businesses residents would support...and then provide the rental agents with this feedback to assist them in their sales effort.

If you'd like to express your views, please send an email to thecompass@cameronstation.org, and we'll forward the suggestions to the leasing company. Thanks.



Cameron Station Book Clubs

"Monday Night Bookball" may have some openings. If you would like to join, please contact PJ Sottile at psottile@steptoe.com.

For those of you reading with the book clubs, here are the current selections:

Monday Night Bookball

March: *Three Cups of Tea: One Man's Mission to Promote Peace...One School at a Time* by Greg Mortenson and David Oliver Relin

April: *Bitter Grounds: A Novel* by Sandra Benitez

May: *Blithe Spirit, Hay Fever, Private Lives: Three Plays* by Noel Coward

Reading Between the Wines

March: *A Mercy* by Toni Morrison

April: *Sarah's Key* by Tatiana de Rosnay

May: *Angry Housewives Eating Bon Bons: A Novel* by Lorna Landvik



5239 Duke Street
block east on Duke from Cameron Station
Alexandria, VA 22304 703-751-9266

HALF OFF 2nd ENTREE OF EQUAL OR LESSER VALUE

One coupon per table.
Does not include daily & weekly specials.

Monday 1/2 price gourmet burger night
featuring burger recepies from across the nation.

Tuesday: 45 cent wing night with 15 different sauces.

Wednesday: Lobster night:
1 1/2 lb \$17.99, 2 lb \$21.99, 3 lb \$38.99

Thursday: Award winning BBQ Rib night:
\$10.99 half rack or \$13.99 full rack

Friday: Prime Rib night.

Saturday: Hand-cut Steak and Half Price Bottle Wine night.

Legendary Sunday Brunch
A la carte menu items

≈ERIKA≈
EXPERIENCED
ENTHUSIASTIC
EXPERT

Proud to be a
Cameron Station Resident

It is my goal to provide you
with the highest level of
service and expertise you
deserve.



Erika Carroll

Direct: 703.568.7376
Email: ecarroll@weichert.com
Website: www.homewitherika.com



Weichert, Realtors
121 N. Pitt St.
Alexandria, VA 22314



CAMERON STATION VALET

Drapery & wedding gowns
 Household items
 Suede & leather services (including UGG products)
 Alterations & Repair
 Same day service with no extra charge !!



STORE HOURS

MON-FRI 7AM —7PM
 SAT 8 AM– 6PM

4903 BRENNAN PARK DR.
 ALEXANDRIA, VA 22304
 Tel: 703 -823 -0606

WE CLEAN
 YOUR GARMENTS WITH
ECO-FRIENDLY
 PROCEDURE!



4901 Brennan Park Drive
 Alexandria, VA 22304
 Tel: (703) 823-6162

Hours

Mon-Fri:	7:00 AM ~ 9:00 PM
Sat:	8:00 AM ~ 9:00 PM
Sun:	9:00 AM ~ 8:00 PM

Your neighborhood market

- ☺ An Upscale Selection of Beer & Wine
- ☺ Groceries
- ☺ Fresh Milk, Eggs & Bread
- ☺ Seattle's Best & Dunkin Donuts Coffee
- ☺ Cappuccino, Latte, Espresso Coffee
- ☺ Hot Chocolate
- ☺ Deli Sandwiches
- ☺ Smoothie
- ☺ Fruit Tea Blast
- ☺ Blended Iced Coffee
- ☺ More than 30 flavors of Ice Cream
- ☺ Greeting Cards
- ☺ Bistro Tables (Indoor, Outdoor)



FAMILY DENTISTRY in Cameron Station



181 Comay Terrace
Alexandria VA 22304

NEW HOURS

Mon - Fri 7am - 3pm

Tuesdays 9am - 5pm

Sat 9am - 2pm

(703)461-3000

www.novadentists.com



Cameron Café
4911 Brenman Park Dr
Alexandria VA 22304
Ph: 703-212-8211

Hours
Mon - Fri 6am - 6pm
Sat - 8am - 6pm
Sun - 8am - 5pm

Cameron Café

Your Neighborhood Coffee Shop!

Cameron Café offers a range of specialty coffee and tea products. We also offer a wide variety of pastries, lunch sandwiches, and soup.

We continuously expand our menu.
Our new additions:

Breakfast Burritos
French Toast
Soufflés

Carla's Picks

By Carla Besosa

Birchmere

April 7

Lizz Wright

Smooth and jazzy vocals.

April 8

Joan Osborne

Dynamic performer!

April 10

Harmony Sweepstakes

Fun competition!

April 30-May 1

America

Don't miss this one!

May 21-22

Sweet Honey in the Rock

Rockin' Gospel!

Jammin Java

May 21

Ellis Paul

Talented folk singer/songwriter.

Kennedy Center

April 17

NSO Pops

Michael Cavanaugh sings Billy Joel.

May 4

Zuill Bailey

Talented cellist.

National Harbor

May 1-2

Washington Post International Arts Festival

Blues Alley

April 16-18

Dave Brubeck Quartet

Of "Take 5" fame.

DAR Constitution Hall

May 20

Dave Matthews

Alternative rock.

Arena Stage

May 28-July 4

The History (& Mystery) of the Universe

Explore the survival of humanity.

George Mason Center for the Arts

April 10

Garth Fagan Dance

Unmatched individuality by the choreographer of *Lion King*.

May 8

Rose

Starring Olympia Dukakis.

St. Elmo's

April 10

Janna Audey

Singer/songwriter performing a delightful selection of originals and covers.

Mount Vernon

May 14-16

Spring Wine Festival & Sunset Tour

Live jazz, Potomac River view and wines from 16 Virginia wineries.

The Barns at Wolf Trap

April 10

Julie Murphy Wells

Lead singer of Eddie from Ohio.

State Theater

April 23

Cowboy Junkies

Alternative rock.

Warner Theater

April 2

Norah Jones w/Sasha Dobson

Grammy winner with Thelonious Monk Competition finalist.

National Theater

April 13-May 9

Fiddler on the Roof

Starring Harvey Fierstein.

Paradise Springs

May 8-9

Spring Grand Opening

Enjoy live music as you check out our new and closest winery (Clifton, VA).

Indigo Landing

Every Sunday

Angie Miller

Enjoy the music of Angie Miller from 11am to 2pm during Sunday Brunch.

And Another Thing...

Did you know: Main Street Market now has an ATM; Cameron Cafe now has soups, quiches and soufflés; and kids eat free on Tuesdays at Food Matters

"Our Neighbors Recommend" Vendor List on Website Only

The list of contractors recommended by neighbors can be found on the community website, www.cameronstation.org, under "Neighborhood Net." If you would like to submit recommendations for this list, please email thecompass@cameronstation.org.

Vendor Complaints

If you have used a recommended vendor and have a complaint to make, please send an email describing your concerns to the community manager (communitymanager@cameronstation.org), who will keep a copy on file. Any resident may have access to the file.

Aditi

By Carla Besosa

I am excited to report that we have a new Indian restaurant that's close by! *Aditi* is just down the street in Kingstowne, across from the movie theaters. Not only is it proximate and new (just opened September 2009), but I found it quite good!

As you enter, you will find the decor inviting, with subdued colors, subtle lighting and modern design. The space is large enough to accommodate you yet small enough to remain somewhat intimate. *Aditi* also has a small bar. The extensive menu covers the gamut in the world of Indian cuisine, and the prices are extremely reasonable.

Let's talk about bread first – Indian restaurants always have a compelling array of homemade breads. *Aditi* offers five bread choices (*Naan*, *Puri*, *Roti*, *Aloo Paratha* and *Onion Kulcha*), plus a bread basket which contains a medley of breads. All are noteworthy, but my top pick is the *Onion Kulcha*: leavened white flour bread stuffed with onion and fresh spices. YUM! So as you are perusing the menu, I suggest you go ahead and submit your bread order upfront.

You may also choose to start with the *Mulligatawny* (yellow lentil soup), a favorite standard. The savory spice blend awakens the taste buds, not to mention it's pretty healthy! For the main attraction, you have many delicious options. The menu is "user-friendly" in that spicy entrees and vegetarian entrees are clearly marked. I ordered the *Chicken Makhani* (chicken in a mild sauce made from tomatoes and native spices and enriched with butter). The *Makhani* can also be made with shrimp or paneer (an Indian cheese). It was very flavorful with a slight kick to it and a decadently smooth texture. There are many tandoori and curry dishes, and vegetarians have a remarkable choice of 17 entree selections. In addition to the menu offerings, check out the exotic specials. I learned from our server that the specials almost always include several goat dishes. Goat was described as being "similar to lamb only better." As I am not a lamb eater, I am sending you in to try one of their goat creations. Given the server's level of excitement that surfaced during the description, it must be quite the delicacy!

End with a "Sweet Note," as they call it on their menu. Choose from among three tempting desserts: *Kesari Kheer* (rice pudding with nuts, saffron and dried fruit), *Rasmalai* (cheese patties with syrup and raisins) and *Gulab Jamun* (dumplings with honey and cardamom).

The service was excellent. Our server was attentive, friendly, energetic, knowledgeable and eager to describe food preparation and share recommendations. Even the owner came to introduce himself and check on us. Our



food arrived promptly and was served hot. We tried various wines by the glass, and they also have a full bar.

I have not tried the All-You-Can-Eat Lunch Buffet (daily 11:30am-2:30pm) but have heard rave reviews from those who have. *Aditi* is definitely a venue I will revisit. Hope to see you there!

Hours of Operation

Sunday-Thursday, 11:30am-2:30 pm and 5:30pm-10:00pm

Friday-Saturday, 11:30am-2:30 pm and 5:30pm-10:30pm

Price Range

Appetizers: \$2.99-\$6.99

Entrees: \$9.99-\$16.99

Breads: \$1.99-\$2.59

Desserts: \$3.99

Smoking

No

Bar

Full

Handicapped Accessible

Yes

Parking

Lot

Reservations

Recommended for weekends

MICHELE'S MAIDS

Residential Cleaning

Let us help you with your cleaning!

Servicing Virginia for over

12 Years

Details are our Specialty

Weekly - Bi-Weekly - Monthly -

One Time Cleaning

- Move In/Out Cleaning -

Licensed, Bonded & Insured

We file all employee taxes

For a Free Estimate Call

703-820-1808

Michelesmaids@verizon.net



\$20.00 OFF

2nd Cleaning

One coupon per household. Michele's Maids

Bonded & Insured.

 **old Town PUPS**

Now Serving Cameron Station!

Dog Walking & Pet Sitting

VA's Premier Professional Pet care company

703.850.5559



Don't Miss Out on Timely and Important Community Information

If you have not already signed up to receive community email blasts, you may contact the HOA office via email at csadmin@cmc-management.com or by phone at 703-567-4881 to receive a password. Please note that you may specify that your email address be used only by the community manager.



Classifieds

COMPUTER PROBLEM? - We can handle anything computer-related. Free estimate. Hours that fit your schedule. BeltwayPC.com. 703-531-8628.

CUSTOM FRAMING - J.R.'s Framing & Photography. Photos, prints, art work, shadow boxes, mirrors and cross stitch. Call John at 703-971-1618 or by email - jrdancer0501@yahoo.com.

CLIMATROL HEATING & COOLING CORP - 703-981-6664. www.climatrolhvac.com. Only \$59.95 heating & cooling pre-season inspections or diagnostic service fee. 10% discount on repairs with this ad. Honesty and integrity. Licensed & insured. Better Business Bureau accredited business. Family owned and operated.

It's Easy to Find the Shuttle Bus Schedule

Just go to the Cameron Station website, www.cameronstation.org, and you'll find the link to the shuttle bus schedule at the top of the home page. Please remember that the shuttle bus does not run on federal holidays.

Support Our Cameron Station Retailers

Bright Start Learning Center Day Care & Preschool
703-370-8414

Cameron Café
703-212-8211

Cameron Station Valet
703-823-0606

Food Matters
703-461-3663

Main Street Market
703-823-6162

Truc Mai Family Dentistry
703-461-3000 or 703-778-1221

Advertising & Submissions Policies & Procedures

PLEASE NOTE: THERE WILL BE NO JULY/AUGUST 2010 ISSUE.

Advertising:

The Compass newsletter is published bimonthly. Advertising space is filled on a first-come, first-served basis, and the ads published in each issue are solely at the discretion of the newsletter staff or Communications Committee. Only one ad per advertiser per issue is permitted. Ads must be submitted NO EARLIER than the 15th of the month preceding issue date and no later than the 30th (e.g., April 15-30 for May/June; August 15-30 for September/October). Payment must accompany all ads. Artwork must be camera-ready: 65 line screen or 300 dpi. ELECTRONIC SUBMISSIONS ARE PREFERRED. Advertisers will receive a copy of the printed newsletter in which their ad appears. Estimated (*not guaranteed*) time of delivery to residents is last week of first month of issue or first week of second (e.g., last week of May/first week of June for May/June; last week of September/first week of October for September/October).

Article Submissions:

Any submissions for publication must include writer's name, address and phone number and must be received by the 30th of the month preceding issue date (April 30 for May/June; August 15-30 for September/October). The newsletter staff, Communications Committee and Board of Directors reserve the right to edit submissions for typos, length, tone and content. They will also determine the newsletter to be "full" at their discretion. Articles are to be factual and of public interest. Editorial content may be deemed inappropriate at the discretion of the newsletter staff, Communications Committee or Board of Directors. Photographs submitted will be returned to sender if accompanied by a self-addressed,

stamped envelope.

Advertising Rates:

Display Ads (<i>Camera-ready</i>)	
1/2 page	\$220
(horizontal: 7" x 4 1/2"; vertical: 3 1/2" x 9 1/4")	
1/4 page (3 1/2" x 4 1/2")	\$135
1/8 page (3 1/2" x 2")	\$110

Classified Ads (*Limit 35 words*)

Resident	\$5
Non-resident	\$25
Lost & Found, Carpool, etc.	Free

Checks should be addressed to Cameron Station Community Association and sent with camera-ready artwork to Community Manager, 200 Cameron Station Boulevard, Alexandria, Virginia 22304. Artwork may be emailed to assistantmanager@cameronstation.org.

Note: The included advertisements, articles or references to websites of third parties do not indicate an endorsement by Cameron Station Community Association, Inc. and are not verified for accuracy. *The Compass* will not be responsible for poor ad reproduction due to the quality of the material provided by advertisers.

The Compass Staff

Christina Anderson, Carla Besosa,
Eliza Dolin, Lily Engle, Skooter Franklin,
Ann Grochala, Catherine Huddleston,
Cynthia Longo, Patricia Sugrue

Photographer: Pinky Fitzgerald

Contributing Photographer: Sonia Agosto

Thanks for the Photos

We encourage residents to submit to *The Compass* the "best of the best" photos they take around Cameron Station or at community events. You may send them electronically to thecompass@cameronstation.org, or you may provide prints, which we can scan in and will return to you.

Thanks to this issue's contributors:

Sieg Chencinski
Isaac Pacheco
Tom Styc
Noel Villanueva



Cameron Station Community Website Accepting Ads

The Cameron Station website, www.cameronstation.org, is accepting advertising. Advertising space is limited and is filled on a first-come, first-served basis. Ads will be scheduled to start on Mondays and will run for 28 days. Ads are published on the site solely at the discretion of the Cameron Station Community Association Communications Committee. For complete information including closing dates, rates, material specifications and payment, log onto www.cameronstation.org.

The ompass

200 Cameron Station Blvd.
Alexandria, VA 22304

STD PRST
US POSTAGE
PAID
Permit 8
GAM Printers, Inc
Sterling, VA



Help us go greener...
Please recycle this newsletter.



Newsletter of the **Cameron Station Community Association, Inc.**